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WEDNESDAY, MAY 1, 2024

# the Perk

DAILY

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## Today's perk is May Day

**T**he first day of May is celebrated around the world, but for very different reasons depending on location. For some, particularly in Europe, May Day is also known as International Workers' Day (or Labor Day) and is a celebration of workers' rights, marked by rallies, parades and marches in support of the working classes. For many more of us (particularly in the U.S.), May Day is a celebration of spring—a tradition that comes from the ancient Celtic festival of *Beltane*. According to Pagan author Deborah Blake, Beltane is the celebration of the union of the god and goddess. Specifically, Beltane celebrates the divine



feminine. Although traditional rituals for the holiday have varied over the years, they've typically revolved around planting ceremonies and goddess worship.

One of the most common May Day traditions that

remains to this day is the Maypole Dance, which was created by the ancient Druids of the British Isles. During the Beltane festival, people performed a circle dance around a pole. The dance evolved over the years to include the ribbons and the intricate weaving patterns you can still see today. ☯

### perks in history

**1931** The Empire State Building is dedicated in New York City.



**1941** "Citizen Kane," directed and starring Orson Welles, premieres in New York.

**2011** President Barack Obama announces that U.S. soldiers had killed Osama bin Laden in Pakistan.

### perk fact

On May Day, some Pagans believe the veil between the human and supernatural worlds is at its thinnest, making it a potent day for magic.



### perk pun

When the weatherman broke his arms and legs in an accident, he had to call from the hospital to tell everyone about the four casts.

We don't laugh because we're happy—we're happy because we laugh.

William James

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## April Showers...Now May Flowers



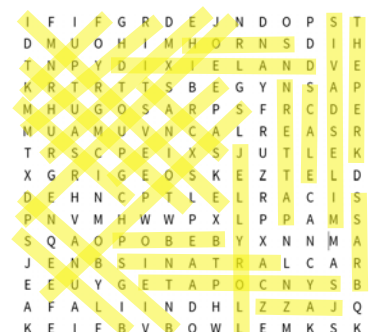
S C M A R C H E S A R J F C R  
 D U H Q E D I I T E X T E V I  
 I Y E I G M Y T R W H Z S S B  
 U C M R L T U O L E E E T R B  
 R E I G K D B T P E T I I E O  
 D I T G C A R E S A C B V W N  
 A F G I L Z R E R O E P A O S  
 N H N K R K J B N L C V L L Z  
 C L I R H A E H T A I W X F M  
 E H R Y I L L A G N I V A E W  
 D R P G E G N L P A R A D E P  
 Z O S C V E H S I T I R B A Y  
 E L O P V K E T Q E P R G L A  
 P P G G W W G G S I S A M R M  
 T R A D I T I O N L N S V U B

- BELTANE
- BRITISH
- CELEBRATE
- CELTIC
- CHILDREN
- COSTUME
- DANCE
- DRUIDS

- FESTIVAL
- FLOWERS
- LABORER
- MARCHES
- MAY
- PAGAN
- PARADE
- POLE

- RALLIES
- RIBBONS
- RIGHTS
- RITE
- SPRINGTIME
- TRADITION
- WEAVING
- THE PERK

Yesterday's Perk Puzzle Solution



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THURSDAY, MAY 2, 2024

# the Perk

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## Today's perk is Nat'l Play Your Ukulele Day

**T**oday is dedicated to all things ukulele. So what is the deal with this unique four-stringed instrument that somehow became a symbol for the people of Hawaii?

In the late 1700s the first Portuguese immigrants came to Hawaii, most likely as whalers who jumped ship. The ukulele (or *machete*—the original name in Portuguese) was introduced around 1879 by one of these immigrants, João Fernandes. The Hawaiians renamed the instrument the ukulele in reference to a “jumping flea” suggested by the jumpy motion of the hands while playing it.

The ukulele became



known in the U.S. mainland around 1915 after being featured at the Panama Pacific International Exposition in San Francisco. Later the ukulele gained acclaim in Japan and the United Kingdom, and from there...around the world.

Musicians such as Elvis Presley, George Harrison, and Bruce Springsteen were fond of the ukulele's simple tone. Tiny

Tim famously sang “Tiptoe Through the Tulips” accompanied by his.

You'll likely find ukulele festivals all over the U.S. and Canada today, as well as in many other parts of the world. The

Perk suggests you “tiptoe” on over to one today! 🎸

### perks in history

**1938** Ella Fitzgerald records “A-Tisket, A-Tasket.”



**1949** Arthur Miller wins Pulitzer Prize for “Death of a Salesman.”

**1969** The British ocean liner Queen Elizabeth II departs on her maiden voyage to New York City.



### perk fact

After returning to earth, Neil Armstrong spent several weeks in quarantine because scientists at the time feared he may have picked up strange bacteria while in space. He spent much of this time strumming his “uke.”

### perk pun

He declared his love for Amanda Lynn but there were strings attached.

Now and then it's good to pause in our pursuit of happiness and just be happy.

Guillaume Apollinaire

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Tiptoe Through the Tulips



E	D	U	P	F	Y	Y	Q	B	T	N	Z	N	D	B
M	S	T	H	Z	K	G	N	G	N	O	U	W	K	Q
K	A	E	N	G	L	A	N	D	A	V	S	U	Q	D
M	R	C	U	O	K	C	I	P	R	E	I	N	E	D
I	H	E	H	G	O	R	T	V	G	L	M	W	N	U
T	F	A	P	E	U	R	Z	O	I	T	P	A	V	P
Y	S	L	W	E	T	T	C	Q	M	Y	L	I	O	E
N	I	E	E	A	H	E	R	L	M	N	E	P	L	S
I	V	T	M	A	I	T	N	O	I	X	U	E	Y	N
T	L	Z	C	Y	C	I	J	A	P	L	L	M	A	F
M	E	S	T	R	U	M	M	J	A	U	B	P	O	O
G	U	I	T	A	R	M	A	R	K	O	A	Y	U	U
U	N	Y	O	H	B	Z	L	U	L	J	C	Z	E	R
S	Q	K	D	O	Z	H	R	E	L	A	H	W	E	R
S	G	N	I	R	T	S	F	N	B	P	A	T	U	K

- CROON
- ELVIS
- ENGLAND
- FLEA
- FOUR
- GUITAR
- HAWAII
- IMMIGRANT

- JAPAN
- JAZZ
- MACHETE
- MAINLAND
- NOVELTY
- PICK
- POPULAR
- PORTUGUESE

- SIMPLE
- STRINGS
- STRUM
- SYMBOL
- TINY TIM
- UKULELE
- WHALER
- THE PERK

Yesterday's Perk Puzzle Solution

S	C	M	A	R	C	H	E	S	A	R	J	F	C	R
D	U	H	Q	E	D	I	T	E	X	T	E	V	I	
I	Y	E	I	G	M	Y	T	R	W	H	Z	S	S	B
U	C	M	R	L	T	U	O	L	E	E	E	T	R	B
R	E	I	G	K	D	B	T	P	E	T	I	E	O	
D	I	T	G	C	A	R	E	S	A	C	B	V	W	N
A	F	G	I	L	Z	R	E	R	O	E	P	A	O	S
N	H	N	K	R	K	J	B	N	L	C	V	L	L	Z
C	L	I	R	H	A	E	H	T	A	I	W	X	F	M
E	H	R	Y	I	L	L	A	G	N	I	V	A	E	W
D	R	P	G	E	G	N	L	P	A	R	A	D	E	P
Z	O	S	C	V	E	H	S	I	T	I	R	B	A	Y
E	L	O	P	V	K	E	T	Q	E	P	R	G	L	A
P	P	G	G	W	W	G	G	S	I	S	A	M	R	M
T	R	A	D	I	T	I	O	N	L	N	S	V	U	B

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FRIDAY, MAY 3, 2024

# the Perk

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## Today's perk is International Wild Koala Day

**T**oday's Perk comes to us from our subscribers "down under" in Australia where they are celebrating Wild Koala Day. Although these wonderful creatures aren't native to other parts of the world, *everyone* can appreciate their adorable charm. Wild Kola Day was founded to call attention to the problems facing these wild creatures. De-forestation, environmental changes, and growing populations are all threatening koalas. Visit the Wild Koala Day website for incredible videos and more information. [www.wildkoaladay.com.au](http://www.wildkoaladay.com.au)  
The Perk found some pretty incredible facts that you might not



know about these real-life teddy bears:

- Actually, koalas aren't members of the bear family; they're marsupials like the wombat.
- Called 'joeys', baby koalas develop in their mother's pouch for about six months then ride on their mother's back for another six months.

- Koalas survive on a diet of eucalyptus leaves and can eat up to a kilogram (more than two pounds) a day!
- 'Koala' is thought to mean 'no drink' in the Australian Aboriginal language.
- Koalas sleep up to 18 hours a day. <sup>o</sup>

### perks in history

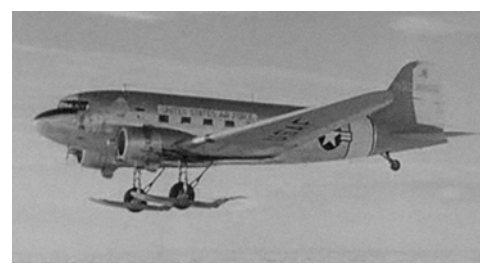
**1375 BC** The first recorded eclipse occurs in the area now known as Syria.

**1933** The U.S. Mint is under the direction of a woman for the first time when Nellie Ross takes the position.



**1937** Margaret Mitchell wins a Pulitzer Prize for her novel "Gone With The Wind."

**1952** An airplane lands at the North Pole for the first time.



### perk fact

Recent counts show there are between 45,000-100,000 koalas left in the wild.

### perk pun

Eucalyptus—the plant named after what it would say if you pruned it.

Three grand essentials to happiness in this life are something to do, something to love, and something to hope for.  
Joseph Addison

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Cuddly Creatures



I A B S E H H K R E P E H T A  
 E A L A O K C V I M I L M I D  
 C N M S O W L U Y L P B L E E  
 R H I Q E V I X O C W A P U R  
 L E A G X Y N S R P R R E C E  
 A W D R I A G E E T D O E A G  
 I O G N M R A R S V I D L L N  
 P M O D U T O U A E A A S Y A  
 U B X J U N A B Y V P E J P D  
 S A Y R Y M W N A V A O L T N  
 R T E N V I R O N M E N T U E  
 A W I L D Z T T D Y O S Y S T  
 M N O I T A L U P O P N V F V  
 S E T U C A I B K V K C O G Y  
 N A T I V E R B E A R S P W Q

- ADORABLE
- AUSTRALIA
- BEAR
- CHARM
- CLING
- CREATURE
- CUTE
- DOWN UNDER

- ENDANGERED
- ENVIRONMENT
- EUCALYPTUS
- JOEY
- KOALA
- LEAVES
- MARSUPIAL
- NATIVE

- POPULATION
- POUCH
- SLEEP
- SOFT
- WILD
- WOMBAT
- THE PERK

Yesterday's Perk Puzzle Solution



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SATURDAY, MAY 4, 2024

# the Perk DAILY

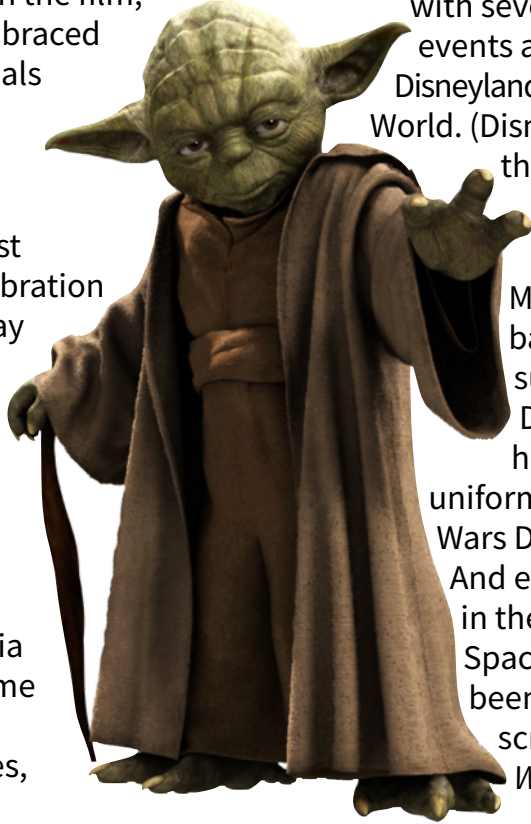
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## Today's perk is National Star Wars Day

**May the Fourth Be With You.**

**T**oday is celebrated by fans of *Star Wars* for the pun on the catchphrase “May the Force be with you”—one of the most iconic movie lines of all time. Even though the holiday was not actually created by anyone associated with the film, it has been embraced by movie officials as an annual celebration of *Star Wars*.

In 2011, the first organized celebration of Star Wars Day took place in Toronto, Canada at the Toronto Underground Cinema. Festivities included a trivia game, a costume contest with celebrity judges,



and the web's best tribute films, mash-ups, parodies and remixes. Since then fans, celebrities and government officials have continued to celebrate *Star Wars* in a variety of ways in social media and on television.

The Walt Disney Company officially observes the holiday with several themed events and festivities at Disneyland and Walt Disney World. (Disney purchased the rights to *Star Wars* in late 2012.)

Minor League baseball teams such as the Durham Bulls have worn special uniforms as part of Star Wars Day promotions. And even astronauts in the International Space Station have been treated to a screening of *Star Wars* in space! 🪐

### perks in history

**1904** The United States begins construction of the Panama Canal.

**1959** The first Grammy Awards are held.



**1961** American civil rights movement the “Freedom Riders” begin a bus trip through the South.

**1979** Margaret Thatcher becomes the first female Prime Minister of the United Kingdom.



### perk fact

Together, the 12 movies of the “Star Wars” franchise have earned nearly \$9.4 billion worldwide to date (from 1977-2020).

### perk pun

The body builder wasn't allowed to be in “Star Wars” because he tested positive for droids.

For every minute you are angry you lose sixty seconds of happiness.

Ralph Waldo Emerson

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Luke, I Am Your Father



E T I N O B R A C T R L P S E  
 S N G C R A I S M T E I A C K  
 K T O T C O P D H Y K G D I U  
 F Z A L E A B E E N L H A F L  
 H V K R C L P O E J A T W I X  
 Z M H E W E E R T H W S A Z W  
 K X K V R A F K T A Y A N I Q  
 B C X K K H R I I M K B N W E  
 W K I B E I S S D N S E P D D  
 S T O R M T R O O P E R I M I  
 F M D Z T P R I N C E S S M O  
 H E E E F D H B R I K U I S R  
 R M O V I E N O H R L K J S D  
 S N A H I O F I A T H G I N K  
 E T J Z R D P D M N S J D K Y

- CARBONITE
- CLONE
- DARKSIDE
- DROID
- FORCE
- HAN
- JEDI
- KNIGHT

- LIGHT SABER
- LUKE
- MIND TRICK
- MOVIE
- NERFHERDER
- PADAWAN
- PRINCESS
- ROBOT

- SCI-FI
- SITH
- SKYWALKER
- SPACE
- STAR WARS
- STORM TROOPER
- TELEKINESIS
- THE PERK

Yesterday's Perk Puzzle Solution

I A B S E H H K R E P E H T A  
 Y A L A O K C V I M I L M I D  
 C N M S O W L U Y L P B L E E  
 R H E Q E V I X O C W A P U R  
 L E A G X Y N S R P R R E C E  
 A W D R I A G E E T D O E A G  
 I O G N M R A R S V I D L L N  
 P M O D U T O U A E A A S Y A  
 U B X J U N A B Y V P E J P D  
 S A Y R Y M W N A V A O L T N  
 R T E N V I R O N M E N T U E  
 A W I L D Z T T D Y O S Y S T  
 M N O I T A L U P O P N V F V  
 S E T U C A I B K V K C O G Y  
 N A T I V E R B E A R S P W Q



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SUNDAY, MAY 5, 2024

# the Perk DAILY

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## Today's perk is Cinco De Mayo



**A**cross the United States, Cinco de Mayo parties give everyone a chance to celebrate the friendship between Mexico and the United States and to learn more about Hispanic culture.

*Cinco de Mayo*—May 5 in Spanish—is probably one of the most misunderstood Mexican holidays. It is NOT Mexican Independence Day—that's September 16. It actually celebrates an incredible victory by native Mexican soldiers over the imperialist French who tried to rule them way back in 1862.

The French wanted to collect their debts from Mexico and,

rather than making a deal with Mexican government, decided to put into power a new French emperor, Maximilian. The Mexican leader, General Zaragoza, ordered Colonel Diaz to attack the flanks of the French army with his cavalry. The French chased them, but

were defeated. French forces who remained were ordered to counter-attack. Armed with machetes, they charged through mud, a thunderstorm, and even a stampede of cattle stirred up by Native Americans. They, too, were defeated.

This victory was not only important to the Mexicans, but also to the U.S. because the French were planning to help the Confederate Army. With aid from the French gone, the South lost its chance to rebuild. Union forces continued to grow stronger, and ultimately the South was defeated. <sup>Ⓟ</sup>

### perks in history

**1866** Memorial Day is first celebrated in the U.S. at Waterloo, New York.

**1891** The Music Hall in New York City (later known as Carnegie Hall) has its grand opening and first public performance with Tchaikovsky as the guest conductor.

**1961** Alan Shepard becomes the first American in space when he makes a 15-minute suborbital flight.



### perk fact

Although the Mexican Army won the battle at Puebla on May 5, 1862 the French went on to win the war; occupying the region for five years.

### perk pun

The successful descendants of an early Mexican family are all gainfully employed as Aztec techs.

In our lives, change is unavoidable, loss is unavoidable. In the adaptability and ease with which we experience change lies our happiness and freedom.

Buddha

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Se Habla Español



T	T	X	E	R	O	C	L	O	R	A	G	N	Y	C
Q	A	Y	O	L	O	R	T	O	I	V	Z	A	Y	B
O	E	J	X	C	H	I	E	M	B	R	H	D	O	U
T	O	F	I	A	U	K	H	R	S	T	F	A	R	R
A	W	N	L	Q	F	R	D	B	B	N	U	N	T	R
G	A	O	S	O	R	E	N	I	D	M	W	F	N	O
M	H	O	E	S	P	A	N	O	L	M	O	E	A	M
A	M	A	C	G	B	S	Z	V	O	V	T	S	L	O
A	S	O	P	I	R	A	M	D	G	V	H	F	I	L
L	H	M	C	T	D	A	L	S	U	I	E	U	C	B
V	A	G	E	T	I	A	C	Y	Z	P	P	Y	Z	E
L	M	S	A	S	C	L	B	I	H	U	E	V	O	U
T	I	Z	S	M	A	Y	O	B	A	C	R	K	N	P
K	U	T	P	O	N	T	U	O	V	S	K	P	H	D
L	W	I	Q	T	M	J	E	N	K	I	P	Q	B	N

- AZUL
- BURRO
- CALDO
- CAMA
- CILANTRO
- COCINA
- DINERO
- ESPANOL

- FRIO
- FUTBOL
- GATO
- GRACIAS
- HOLA
- HUEVO
- LASSO
- MARIPOSA

- MAYO
- MESA
- MOSQUITO
- NADA
- PUEBLO
- ROJO
- SOMBRERO
- THE PERK

Yesterday's Perk Puzzle Solution

E	T	I	N	O	B	R	A	C	T	R	L	P	S	E
S	N	G	C	R	A	I	S	M	T	E	I	A	C	K
K	T	O	T	C	O	P	D	H	Y	K	G	D	I	U
F	Z	A	L	E	A	B	E	E	N	L	H	A	F	L
H	V	K	R	C	L	P	O	E	J	A	T	W	I	X
Z	M	H	E	W	E	E	R	T	H	W	S	A	Z	W
K	X	K	V	R	A	E	K	T	A	Y	A	N	I	Q
B	C	X	K	K	H	R	I	I	M	K	B	N	W	E
W	K	I	B	E	I	S	S	D	N	S	E	P	D	D
S	T	O	R	M	T	R	O	O	P	E	R	I	M	I
F	M	D	Z	T	P	R	I	N	C	E	S	S	M	O
H	E	E	E	F	D	H	B	R	I	K	U	I	S	R
R	M	O	V	I	E	N	O	H	R	L	K	J	S	D
S	N	A	H	I	O	F	I	A	T	H	G	I	N	K
E	T	J	Z	R	D	P	D	M	N	S	J	D	K	Y

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MONDAY, MAY 6, 2024

# the Perk

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## Today's perk is Joseph Brackett Day

*'Tis the gift to be simple, 'tis the gift to be free,  
'Tis the gift to come down where we ought to be,  
And when we find ourselves in the place just right,  
'Twill be in the valley of love and delight.  
When true simplicity is gain'd,  
To bow and to bend we will not be asham'd,  
To turn, turn will be our delight,  
Till by turning, turning we come round right.*

**T**oday we celebrate Joseph Brackett. Born into a Shaker community on his family's Maine property in 1797, he would become an elder—then head—of the Shakers.

Brackett is widely accepted as the author of Shaker "quick dance" music. His tune "Simple Gifts," which he claimed came to him by divine inspiration, has become internationally loved and named among a handful of songs that "every American should know."

Written in 1848, the tune was unknown outside of Shaker communities until Aaron Copland used the melody in the score for his 1944 ballet *Appalachian Spring*. The tune became widely known through the original lyrics

"Lord of the Dance," written by Sydney Carter in 1963. It was adapted (in ignorance of the origins) without authorization or acknowledgments in the play. Thankfully, acknowledgment was eventually given, and royalty payments made. Using different arrangements "Simple Gifts" was been performed at the Inaugurations of Presidents Ronald Reagan, Bill Clinton and Barack Obama.

How did the Perk not know this song?! We do now, and we bet you do too! If not, today's the day to listen to a recording and savor the important message: simplicity is sometimes better than complexity, and we shouldn't take ourselves too seriously. 🙏

### perks in history

**1889** The Eiffel Tower is officially opened to the public at the Universal Exposition in Paris.

**1941** Bob Hope gives his first USO show at California's March Field.



**1946** The New York Yankees become the first major league baseball team to travel by plane.

### perk fact

Shakers actually called themselves the United Society of Believers in Christ's Second Appearing, but because of their ecstatic dancing they were commonly called Shakers.

### perk pun

The dancer swung by the dance party but didn't stay.

The most important thing is to enjoy your life—to be happy—it's all that matters.

Audrey Hepburn

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Keep It Simple



P L B C R F M X R Y A E K L I  
 E U O E I A A O E U C K C Y N  
 R C D V I S Y M T L S L I R A  
 F L M N E A U H I S P B U I U  
 E W E U L Q O M F L Z M Q C G  
 C C U T U R F B E J Y H O S U  
 T N Y X U Y T I N U M M O C R  
 E V E N T U A L Y D O L E M A  
 I N T E R N A T I O N A L F T  
 E C G D E R E L I G I O U S I  
 H B O R G A N I Z A T I O N O  
 R E K A H S I K R E P E H T N  
 C A M A Q X V Y T R E P O R P  
 N O I T A R I P S N I T J L N  
 I R I X T N D S O C I E T Y W

- AUTHOR
- COMMUNITY
- COMPLEX
- DIVINE
- ELDER
- EVENTUAL
- FAMILY
- INAUGURATION

- INSPIRATION
- INTERNATIONAL
- LOVE
- LYRICS
- MAINE
- MELODY
- MUSIC
- ORGANIZATION

- PERFECT
- PROPERTY
- QUICK
- RELIGIOUS
- ROYALTY
- SHAKER
- SOCIETY
- THE PERK

Yesterday's Perk Puzzle Solution

T T X E R O C L O R A G N Y C  
 Q A Y O L O R T O I V Z A Y B  
 O E J X C H I E M B R H D O U  
 T O F I A U K H R S T F A R R  
 A W N L Q F R D B B N U N T R  
 G A O S O R E N I D M W F N O  
 M H O E S P A N O L M O E A M  
 A M A C G B S Z V O V T S L O  
 A S O P I R A M D G V H F I L  
 L H M C T D A L S U I E U C B  
 V A G E T I A C Y Z P P Y Z E  
 L M S A S C L B I H U E V O U  
 T I Z S M A Y O B A C R K N P  
 K U T P O N T U O V S K P H D  
 L W I Q T M J E N K I P Q B N

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TUESDAY, MAY 7, 2024

# the Perk

DAILY

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## Today's perk is National Tourism Day

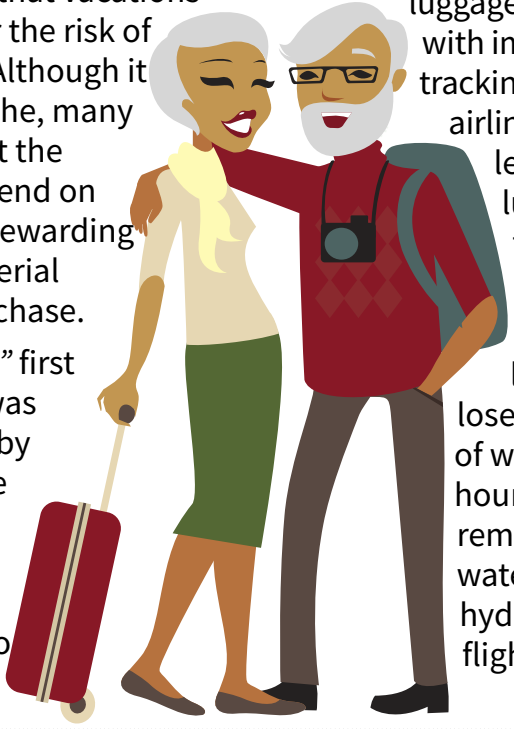
**A**s travelers take in the sights, smells, and sensations of new destinations, they're doing more than making memories. Travel experiences are known to prompt our brains to think differently and more creatively! After a day or two away, nearly 90% of people report lower stress levels, while experts report that vacations can even lower the risk of heart attacks. Although it may sound cliché, many travelers report the money they spend on travel is more rewarding than most material items they purchase.

The term "tour," first used in 1758, was soon followed by "tourist." By the 19th century tourism was a luxury pastime for the rich who had the means

and spare time to travel by rail and sea. In 1841 the Thomas Cook Company was founded initiating organized tourism, and today it remains the oldest travel company in the world.

These days roughly 500,000 people are estimated to be in the air at any given time.... but their luggage might not be: every 60 seconds, 56 pieces of luggage go missing! But with improvements in tracking technology, airlines are 70% less likely to lose luggage now than they were ten years ago!

The Perk also learned tourists lose eight ounces of water with every hour in the air, so remember to drink water and stay hydrated while in flight! ☺



### perks in history



**1940** Winston Churchill becomes British Prime Minister of England.

**1970** "Long and Winding Road" becomes The Beatles' last American release.



**1977** The Eagles "Hotel California" hits #1 on the pop music charts.

### perk fact

Jet lag is worse if you're traveling west to east. Scientists report traveling in this direction requires your internal clock to advance causing a physically demanding shift which upsets your circadian rhythm.

### perk pun

Before Mount Rushmore was carved it's beauty was unpresidential.

There is no cosmetic for beauty like happiness.

Lady Blessington

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Bon Voyage!



T S Y E Y R U X U L P N E F L  
 A G M M X A K W D P N A G P A  
 S G G E R P B Y U J F I C Q R  
 T Y N E L E E L K E Q D L K U  
 E Y T I H L U R C T B A E V T  
 G A R C K G R N I W N C V C A  
 W I I O G C E P L E V R A M N  
 G L I A M I A D Q N N I R H I  
 C I G V C E D R U Y X C T T I  
 D E P S D J M I T T T U E Y Z  
 O R G A N I Z E Q G I L L H F  
 D E S T I N A T I O N T I R Y  
 E T A P I C I T R A P R L A G  
 Z S S E N S A T I O N S M A R  
 Z R T S I R U O T H E P E R K

- ALTITUDE
- CIRCADIAN
- CLICHÉ
- DESTINATION
- EXPERIENCE
- JET
- LUGGAGE
- LUXURY

- MEMORY
- NATURAL
- ORGANIZE
- PACK
- PARTICIPATE
- RAIL
- RHYTHM
- SCIENCE

- SENSATIONS
- SMELL
- TASTE
- TOURIST
- TRACKING
- TRAVEL
- WATER
- THE PERK

Yesterday's Perk Puzzle Solution

P L B C R F M X R Y A E K L I  
 E U O E I A A O E U C K C Y N  
 R C D V I S Y M T L S L I R A  
 F L M N E A U H I S P B U I U  
 E W E U L Q O M F L Z M Q C U  
 C C U T U R F B E J Y H O S U  
 T N Y X U Y T T I N U M M O C R  
 E V E N T U A L Y D O L E M A  
 I N T E R N A T I O N A L F T  
 E C G D E R E L I G I O U S I  
 H B O R G A N I Z A T I O N O  
 R E K A H S I K R E P E H T N  
 C A M A Q X V Y T R E P O R P  
 N O I T A R I P S N I T J L N  
 I R I X T N D S O C I E T Y W

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WEDNESDAY, MAY 8, 2024

# the Perk

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Today's **perk** is

## Victory in Europe Day

**T**he suicide of Adolf Hitler on April 30, 1945 and the collapse of the Nazi Party brought about Germany's unconditional surrender of its armed forces.

On May 8, 1945, VE Day (Victory in Europe Day) signaled an end to nearly six years of WW II, which cost millions of lives, and destroyed families, homes, and cities. The war caused untold suffering and deprivation to the populations of entire countries.

In the U.S., the victory was tempered by the death of President Roosevelt, and as both Prime Minister Winston Churchill and President Harry Truman stressed, the war with Japan had not yet ended. Dwight Eisenhower, Supreme Allied

Commander and architect of the successful war strategy, penned a simple message "The mission of this Allied Force was fulfilled at 0241, local time, May 7th, 1945."



Huge celebratory crowds gathered in cities around the world. At the same time religious services giving thanks were being held. But it wasn't all celebration. For so many who had lost loved ones in the conflicts there was mourning and concern for those who were still serving overseas. The hardships of war—i.e., the strain of air raids, the impact of rationing and overwhelming loss—left many too weary to celebrate. Today is a day of remembrance and honor throughout the world. ☺

### perks in history

**1792** The United States establishes military draft.

**1877** The first Westminster Dog Show is held. The coveted Best In Show award would not be given for another 30 years to a Smooth Fox Terrier.



**1967** Muhammad Ali is indicted for refusing induction in U.S. Army.

### perk fact

Soviet leader Josef Stalin wouldn't recognize the surrender ceremony in Reims, France and insisted on another ceremony in Soviet-controlled Berlin.

### perk pun

The result of a study on how intoxicated people act at parades was staggering.

Persons of high self-esteem are not driven to make themselves superior to others; they do not seek to prove their value by measuring themselves against a comparative standard. Their joy is being who they are, not in being better than someone else.  
Nathaniel Branden

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Unconditional Surrender



D G G P G N V D G F I Z F M E  
 L I Z S R G O E E C W O U T F  
 O D Y U Y N M I K P R O A V I  
 T H O W G W W L T C R R E D D  
 N M V E E L I M E A B I U A E  
 U H E A T D E S M E R Z V Z S  
 P D R R A E C O L L A P S E T  
 S I W Y R I H E Q K L D S U R  
 N S H V T L C L L I F L U F O  
 O U E S S L O V E R S E A S Y  
 I F L N D A S T R E S S W N O  
 S F M R K R V I C T O R Y A V  
 S E N O I T A L U P O P K R R  
 I R K R E P E H T S X M X E R  
 M R E D N E R R U S P K U F Y

- ALLIED
- CELEBRATE
- COLLAPSE
- DEPRIVE
- DESTROY
- FORCES
- FULFILL
- HARDSHIP

- MISSION
- MOURN
- OVERSEAS
- OVERWHELM
- POPULATION
- RATION
- STRATEGY
- STRESS

- SUFFER
- SURRENDER
- UNTOLD
- VICTORY
- WAR
- WEARY
- THE PERK

Yesterday's Perk Puzzle Solution

T S Y E Y R U X U L P N E F L  
 A G M M X A K W D P N A G P A  
 S G G E R P B Y U J F I C Q R  
 T Y N E L E E L K E Q D L K U  
 E Y T I H L U R C T B A E V T  
 G A R C K G R N I W N C V C A  
 W I J O G C E P L E V R A M N  
 G L I A M I A D Q N N I R H I  
 C I G V C E D R U Y X C T T I  
 D E P S D J M I T T U E Y Z  
 O R G A N I Z E Q G I L L H F  
 D E S T I N A T I O N T I R Y  
 E T A P I C I T R A P R L A G  
 Z S S E N S A T I O N S M A R  
 Z R T S I R U O T H E P E R K



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THURSDAY, MAY 9, 2024

# the Perk

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## Today's perk is Lost Sock Memorial Day

**T**oday we say 'farewell' to all of our single, close-knit friends! It's time to admit that one red argyle sock is never coming back. But let's use this day to turn that old single one into a simple sock puppet to delight the children in your life.

Here's an easy way to make a  
**10 Minute Lost Sock Puppet.**

You'll need: 1 old sock;  
1 brown pipe cleaner;  
2 brown pom poms;  
2 googly eyes; fabric  
paint, paint brush, glue  
gun, wire clippers.

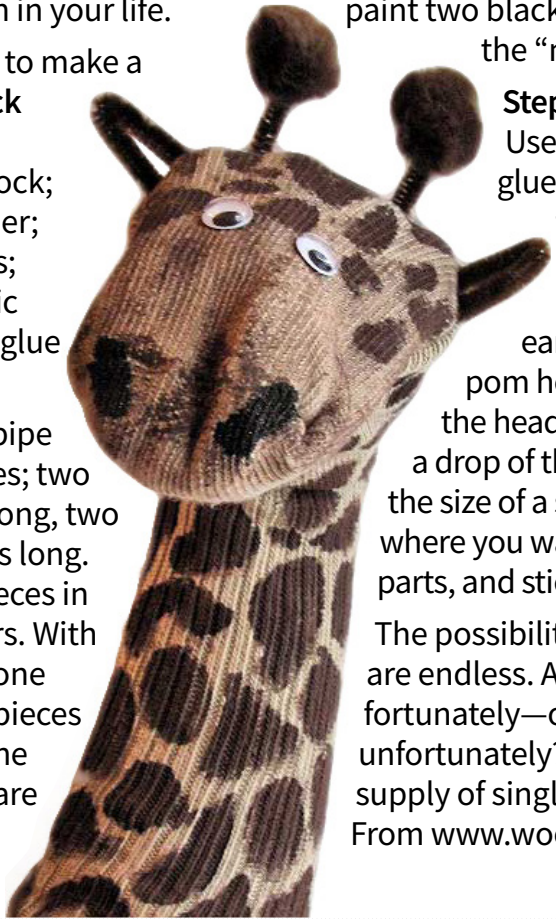
**Step One:** Cut the pipe cleaner into 4 pieces; two pieces are 1" inch long, two pieces are 2" inches long. Bend the longer pieces in half to form the ears. With the glue gun, glue one end of the shorter pieces into the center of the pom poms. These are the horns.

**Step Two:** Put the sock onto your hand, with your fingers going into the toe of the sock, and your thumb going into the heel. Paint spots (or stripes or stars, etc.) all over the sock. They should be random and misshapen. Then paint two black spots as the "nose."

**Step Three:** Use the hot glue gun to glue the googly eyes, pipe cleaner ears, and pom

pom horns onto the head. Just put a drop of the glue the size of a small pea where you want the parts, and stick them on.

The possibilities are endless. And fortunately—or unfortunately?—so is the supply of single socks. 🧦  
From [www.woojr.com](http://www.woojr.com)



### perks in history

**1913** The 17th amendment is ratified, allowing election of senators by popular vote.

**1960** The United States is the first country to use the birth control pill legally.

**1992** The final episode of "Golden Girls" airs on NBC-TV.



### perk fact

In the 8th century, Ancient Greeks wore socks made from animal hair.

### perk pun

The golfer always made sure to wear a pair of socks with a hole in one.



You cannot prevent the birds of sadness from passing over your head, but you can prevent their making a nest in your hair.

Chinese Proverb

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Sock It To Me



S	K	F	Q	H	E	A	B	S	X	D	X	P	N	T
Z	T	F	L	A	C	F	G	B	E	G	M	F	Y	E
D	L	R	K	C	O	N	F	U	S	I	N	G	L	E
C	O	V	E	R	D	B	T	H	I	M	D	W	O	F
D	S	G	F	T	M	R	O	Q	N	R	D	L	N	L
U	T	L	G	E	C	E	Y	D	U	A	K	U	O	P
B	B	V	L	S	S	H	C	E	G	W	A	O	T	C
T	S	K	A	N	Y	O	K	M	R	R	W	C	H	L
K	N	J	P	Y	T	K	C	O	S	K	H	U	E	Z
A	N	N	C	T	U	S	D	K	V	E	C	S	P	V
I	G	I	O	L	J	T	F	E	A	O	O	V	E	D
D	Y	N	T	E	P	P	U	P	B	E	Q	T	R	B
Q	X	N	E	A	K	N	E	E	L	B	Y	B	K	J
H	W	O	I	Z	H	W	E	O	U	C	I	B	B	W
V	D	R	D	B	G	Y	H	N	N	I	T	R	K	I

- ANKLE
- CALF
- COLD
- CONFUSING
- COTTON
- COVER
- DRYER
- FEET

- HOLE
- KNEE
- KNIT
- LOST
- NYLON
- PAIR
- PUPPET
- RIBBED

- SHOES
- SOCK
- STRETCH
- TOES
- UNISEX
- WARM
- WOOL
- THE PERK

Yesterday's Perk Puzzle Solution



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FRIDAY, MAY 10, 2024

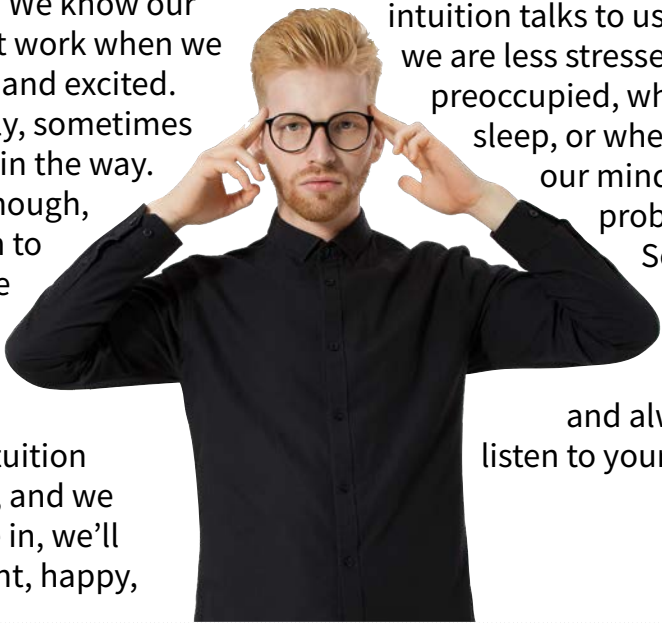
# the Perk DAILY

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## Today's perk is Nat'l Trust Your Intuition Day

**W**hen faced with a dilemma, have you even been advised to just "trust your gut"? Our intuition, a.k.a. a gut feeling, is that sneaking suspicion we feel when something just isn't right but we can't quite put our finger on it. Intuition can be a powerful guiding force for us, but learning how to listen and pay attention to it takes practice. In fact, research shows that intuition is something we can get better at. We know our intuition is at work when we feel inspired and excited. Unfortunately, sometimes our ego gets in the way. With effort though, we can begin to recognize the difference between the two.

When our intuition speaks to us, and we learn to tune in, we'll feel, confident, happy,



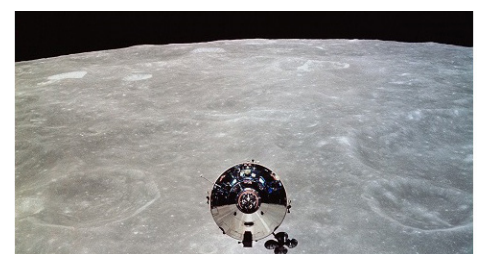
secure and peaceful about our choices. If we choose to ignore our intuition, a wave of uneasiness may come over us because we're listening to our ego. So we may make a safe, but incorrect decision. This uneasiness can show up as inability to focus, pressure in our chest, an uneasy gut reaction, stress or possibly even illness. The Perk finds being in nature provides a calming experience which relaxes the mind. Our intuition talks to us when we are less stressed or preoccupied, when we sleep, or when we take our mind off our problems. So once again, learn to relax and always listen to your "gut." 🌀

### perks in history

**1752** Benjamin Franklin tests the lightning conductor with his kite-flying experiment.



**1969** Apollo 10 transmits the first color pictures of Earth from space.



**1994** Nelson Mandela is sworn in as South Africa's first black president.

### perk fact

*Intuition is using experience to know how to act. Insight is not just drawing on what you know, it's **changing** what you know."*

### perk pun

I have such great intuition, I can tell if people are judgmental just by looking at them.

It's been my experience that you can nearly always enjoy things if you make up your mind firmly that you will.

L.M. Montgomery

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Listen to Your Gut



U U K R E P E H T D I N Y Z M  
 I P N Y V X R N L I Y E S I S  
 S N A E C I O E I L R P N O L  
 D F T I A B N T S E W D P U P  
 S E T U J S G Y T M S V F A Z  
 S E C H I V I C E M E R J S H  
 D S C I E T E N N A E V Y T C  
 I D E U S R I Y E W K M J T L  
 S M I R R I O O O S L Y U U U  
 C W T O T E O P N A S K P R F  
 C J C J J S Z N C E D I U G E  
 I N S P I R E R E R U T A N C  
 I P R O B A B L E J K Q W D A  
 C H O I C E G N I P E E L S E  
 V X M F S U S P I C I O N Y P

- CALM
- CHOICE
- DECISION
- DILEMMA
- EXCITED
- GUIDE
- HAPPY
- IGNORE

- INCORRECT
- INSPIRE
- INTUITION
- LISTEN
- MIND
- NATURE
- PEACEFUL
- POWERFUL

- PROBABLE
- SECURE
- SEEK
- SLEEPING
- STRESS
- SUSPICION
- UNEASINESS
- THE PERK

Yesterday's Perk Puzzle Solution

S K F Q H E A B S X D X P N T  
 Z T F L A C F G B E G M F Y E  
 D L R K C O N F U S T I N G L E  
 C O V E R D B T H I M D W O F  
 D S G F T M R O Q N R D L N L  
 U T L G E C E Y D U A K U O P  
 B B V L S S H C E G W A O T C  
 T S K A N Y O K M R R W C H L  
 K N J P Y T K C O S K H U E Z  
 A N N C T U S D K V E C S P V  
 I G I O L J T F E A O O V E D  
 D Y N T E P P U P B E Q T R B  
 Q X N E A K N E E L B Y B K J  
 H W O I Z H W E O U C I B B W  
 V D R D B G Y H N N I T R K I

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SATURDAY, MAY 11, 2024

# the Perk

DAILY

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## Today's perk is Nat'l Eat What You Want Day

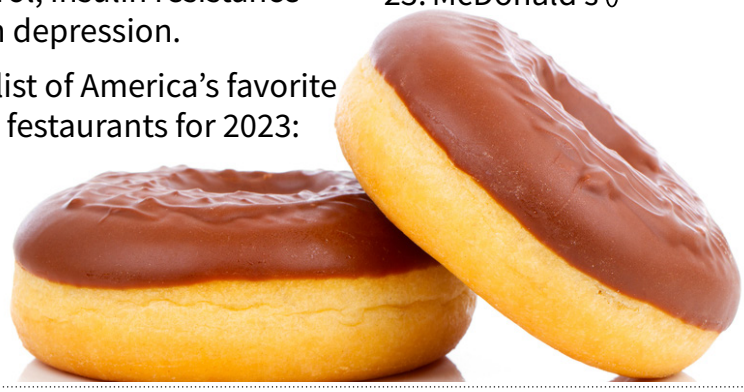
**W**e all have some kind of dish or food that we love but try to stay away from because it is not very healthy. This unofficial holiday gives us permission—and, in fact, *encourages* us—to take one day from the year and guiltlessly indulge in our favorite foods.

That said, it's important to remember that junk food, fast food, and rich desserts are best enjoyed in **moderation**.

While an occasional "splurge" on your favorites won't hurt, a habit of eating them could do a number on your health. Among the side-effects of indulging too often are headaches, high cholesterol, insulin resistance and even depression.

Here's a list of America's favorite fast food restaurants for 2023:

1. Chick-fil-A
2. Jimmy John's
3. KFC
4. Papa Johns
5. Domino's
6. Five Guys
7. Pizza Hut
8. Starbucks
9. Arby's
10. Dunkin'
11. Panda Express
12. Burger King
13. Panera Bread
14. Chipotle
15. Dairy Queen
16. Subway
17. Little Caesars
18. Popeyes
19. Wendy's
20. Jack in the Box
21. Sonic
22. Taco Bell
23. McDonald's



### perks in history

**1910** An act of the U.S. Congress establishes Glacier National Park in Montana.

**1934** A huge dust storm measuring 1,500 miles long, 900 miles wide, two miles high, and covering almost one-third of the country is spotted moving from the Midwest.

**1949** Siam changes its name to Thailand.



**1949** The first Polaroid camera is sold for \$89.95.

### perk fact

One in every eight Americans has been employed by McDonald's.

### perk pun

It was a plain pizza, but I ate olive it.



If there were in the world today any large number of people who desired their own happiness more than they desired the unhappiness of others, we could have a paradise in a few years.

Bertrand Russell

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## I Can't Believe I Ate the Whole Thing



R I S L D C A Y Y T C P M S E  
 U E G L U D N I E A D W O E C  
 M Y G X K O U F N E G E D I O  
 P C V R T G F D S N T I E R O  
 S B D T U U Y S T A U G R O K  
 J W U O B B E Z R C M H A L I  
 T L E M N R M D V U Y T T A E  
 G E S E T A Y A K O S U I C S  
 S Q I G T H L N H Y P X O K A  
 T Y B D O S U D X L F J N R D  
 A Y M B K J R V S L I H X E V  
 F E R L A N O I S A C C O P Q  
 P A C H O L E S T E R O L E S  
 C I C E C R E A M A S P I H C  
 I G N O R E T A C O V Y G T B

- ALL YOU CAN EAT
- BUFFET
- CALORIES
- CANDY
- CARBOHYDRATE
- CHIPS
- CHOLESTEROL
- COOKIES

- DESSERT
- DIET
- FATS
- GLUTTONY
- HAMBURGER
- ICE CREAM
- IGNORE
- INDULGE

- JUNK
- McDONALD'S
- MODERATION
- OCCASIONAL
- SWEETS
- TACO
- WEIGHT
- THE PERK

Yesterday's Perk Puzzle Solution

U U K R E P E H T D I N Y Z M  
 I P N Y V X R N L I Y E S I S  
 S N A E C I O E I L R P N O L  
 D F T I A B N T S E W D P U P  
 S E T U J S G Y T M S V F A Z  
 S E C H I V I C E M E R J S H  
 D S C I E T E N N A E V Y T C  
 I D E U S R I Y E W K M J T L  
 S M I R R I O O O S L Y U U U  
 C W T O T E O P N A S K P R F  
 C J C J J S Z N C E D I U G E  
 I N S P I R E R E R E R U T A N C  
 I P R O B A B L E J K Q W D A  
 C H O I C E G N I P E E L S E  
 V X M F S S U S P I C I O N Y P

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SUNDAY, MAY 12, 2024

# the Perk

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Today's **perk** is

## Mother's Day

**T**he modern holiday of Mother's Day was first celebrated in 1908 when Anna Jarvis held a memorial for her mother, Ann Reeves Jarvis at St. Andrew's Methodist Church in her home of Grafton, West Virginia. Ann Reeves Jarvis had been a peace activist who cared for wounded soldiers on both sides of the American Civil War, and created Mother's Day Work Clubs to address public health issues. Anna Jarvis wanted to honor her mother by continuing the work she started and to set aside a day to honor *all* mothers



because she believed that they were "the person who has done more for you than anyone in the world."

Originally, the U.S. Congress rejected a proposal to make Mother's Day an official holiday, joking that they would also have to then proclaim a "Mother-in-Law's Day." However, by 1911 all U.S. states observed the holiday and in 1914,

Woodrow Wilson signed a proclamation officially designating that Mother's Day be held on every second Sunday in May, as a national holiday to honor mothers.

Truly...it's a very special day. ☺

### perks in history

**1903** Niagara Falls is incorporated as a city.

**1932** The body of Charles and Anna Lindbergh's infant son is found just a few miles from the their home.

**2002** Former President Jimmy Carter arrives in Cuba for a visit with Fidel Castro, the first time a U.S. head of state visits the island since the 1959 revolution.



### perk fact



Every sweater that Mr. Rogers wore in "Mister Rogers' Neighborhood" was hand-knit by his mother.

### perk pun

The mother squid somehow knew she would give birth several days early, but only said, "I had an *inking*."

**May 12-28 is  
National Skilled Nursing Care Week**  
**The Perk warmly thanks all  
skilled nursing professionals for  
the great work you do!**

Live with intention. Walk to the edge. Listen hard. Practice wellness. Play with abandon. Laugh. Choose with no regret. Do what you love. Live as if this is all there is.

Mary Anne Roadacher-Hershey

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Mama Mia



H	E	D	T	M	C	E	N	W	N	R	X	R	S	C
C	V	B	L	L	A	A	L	U	K	A	O	H	Z	H
T	Z	X	O	N	M	T	R	D	E	Y	T	O	Y	I
A	D	T	Y	O	V	T	R	P	A	N	M	L	R	L
W	H	W	W	U	U	P	R	I	O	R	Z	M	C	D
B	A	B	Y	R	C	Q	R	M	A	A	C	L	O	L
K	U	A	E	I	Y	B	E	M	W	R	H	R	I	M
U	C	R	A	S	E	N	M	L	R	A	C	V	I	I
J	P	O	N	H	I	A	K	R	E	P	E	H	T	B
P	V	Y	R	N	R	V	M	O	T	H	E	R	I	N
A	A	O	J	G	S	N	Y	Z	S	X	F	F	J	L
K	C	R	P	C	R	B	A	K	O	N	E	M	B	M
C	A	R	E	G	I	V	E	R	F	R	E	T	A	M
Y	O	C	T	N	W	L	L	A	M	X	D	O	L	H
F	M	G	D	C	T	W	E	V	O	L	H	V	D	T

- BABY
- CAREGIVER
- CHILD
- CLOTH
- CRADLE
- CRIB
- CRY
- FEED

- FOSTER
- GRAMMA
- LIVE
- LOVE
- MATER
- MATRIARCH
- MOMMY
- MOTHER

- NINE MONTHS
- NOURISH
- NURTURE
- PARENT
- ROCK
- WATCH
- WOMAN
- THE PERK

Yesterday's Perk Puzzle Solution

R	I	S	L	D	C	A	V	Y	T	C	P	M	S	E
U	E	G	L	U	D	N	I	E	A	D	W	O	E	C
M	Y	G	X	K	O	U	F	N	E	G	E	D	I	O
P	C	V	R	T	G	F	D	S	N	T	I	E	R	O
S	B	D	T	U	U	Y	S	T	A	U	G	R	O	K
J	W	U	O	B	B	E	Z	R	C	M	H	A	L	I
T	L	E	M	N	R	M	D	V	U	Y	T	T	A	E
G	E	S	E	T	A	Y	A	K	O	S	U	I	C	S
S	Q	I	G	T	H	L	N	H	Y	P	X	O	K	A
T	Y	B	D	O	S	U	D	X	L	F	J	N	R	D
A	Y	M	B	K	J	R	V	S	L	I	H	X	E	V
F	E	P	L	A	N	O	I	S	A	C	C	O	P	Q
P	A	C	H	O	L	E	S	T	E	R	O	L	E	S
C	I	C	E	C	R	E	A	M	A	S	P	I	H	C
I	G	N	O	R	E	T	A	C	O	V	Y	G	T	B



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MONDAY, MAY 13, 2024

# the Perk

DAILY

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## Today's perk is National Frog Jumping Day

**F**rog jumping is a competitive pastime in which frogs compete to jump certain distances. Frog jumping contests are held in small communities scattered around North America as part of the "folk culture." The origins of this day can be traced back to the first short story written by Mark Twain, *Jim Smiley and His Jumping Frog*. If you'd like to read this story today, it's also known as *The Celebrated Jumping Frog of Calaveras County* as well as the *Notorious Jumping Frog*

Its earliest roots date back to 1893. Today there are nearly 7,000 contestants entering the event. There are four days of competition, but don't worry if you don't have your own frog; You may use one of the local California bullfrogs collected and housed at the "Frog Spa" during the four days of competition. Participants entering the longest jumping frog will win a \$750



of Calaveras County. The annual event in Calaveras County still exists today. The Calaveras County Fair & Jumping Frog Jubilee is one of the longest running events in the State of California.

prize, or \$5,000 if their frog breaks the 1986 record of 21 feet, 5¾ inches set by "Rosie the Ribeter." The Perk thinks that frog jumping can be pretty lucrative! 🐸

### perks in history

**1607** Jamestown, Virginia, is settled as a colony of England.

**1918** The first airmail postage stamps are issued with airplanes on them. The denominations were 6, 16, and 24 cents.

**1967** Mickey Mantle hits his 500th home run.



**1981** Pope John Paul II is shot and seriously wounded in St. Peter's Square by Turkish assailant Mehmet Ali Ağca.

### perk fact

Every year that a frog goes into hibernation, a new layer of bone forms.



### perk pun

A frog who can't jump is completely hopless.

If you aren't grateful for what you already have, what makes you think you would be happy with more?

Roy T. Bennett

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Jumpin' Jehoshaphat!



J	J	Q	T	S	R	Q	I	L	Y	F	N	K	T	S
R	A	L	W	V	R	A	P	O	N	D	A	R	W	G
N	O	I	T	I	T	E	P	M	O	C	I	E	A	E
H	B	L	N	K	C	L	N	J	U	X	B	P	I	L
N	V	V	R	R	A	R	U	N	L	J	I	E	N	K
G	E	A	C	U	O	M	O	S	I	Z	H	H	D	M
P	M	T	N	O	P	F	A	A	B	W	P	T	C	T
P	W	N	T	I	N	R	I	F	K	Z	M	J	O	C
V	A	R	N	B	E	T	A	L	N	S	A	U	E	L
P	E	G	Y	V	S	I	E	N	A	P	W	B	S	T
E	Q	O	A	J	R	I	N	S	E	C	T	I	X	O
C	E	L	E	B	R	A	T	E	T	O	M	L	M	A
U	A	L	X	V	R	B	L	E	D	V	D	E	I	D
C	E	L	O	P	D	A	T	G	O	R	F	E	X	Q
G	N	G	H	O	A	R	M	B	R	G	E	U	I	D

- AMPHIBIAN
- ANNUAL
- CALAVERAS
- CALIFORNIA
- CELEBRATE
- COMPETITION
- CONTEST
- CROAK

- FAIR
- FROG
- INSECT
- JUBILEE
- JUMP
- JUMPING
- LEGS
- MARK

- POND
- SWIM
- TADPOLE
- TOAD
- TREE
- TWAIN
- WINNERS
- THE PERK

Yesterday's Perk Puzzle Solution

H	E	D	T	M	C	E	N	W	N	R	X	R	S	C
C	V	B	L	L	A	A	L	U	K	A	O	H	Z	H
T	Z	X	O	N	M	T	R	D	E	Y	T	O	Y	I
A	D	Y	O	V	T	R	P	A	N	M	L	R	L	
W	H	W	W	U	U	P	R	I	O	R	Z	M	C	D
B	A	B	Y	R	C	Q	R	M	A	A	C	L	O	L
K	U	A	E	I	Y	B	E	M	W	R	H	R	I	M
U	C	R	A	S	E	N	M	L	R	A	C	V	I	I
J	P	O	N	H	I	A	K	R	E	P	E	H	T	B
P	V	Y	R	N	R	V	M	O	T	H	E	R	I	N
A	A	O	J	G	S	N	Y	Z	S	X	F	F	J	L
K	C	R	P	C	R	B	A	K	O	N	E	M	B	M
C	A	R	E	G	I	V	E	R	F	R	E	T	A	M
Y	O	C	T	N	W	L	L	A	M	X	D	O	L	H
F	M	G	D	C	T	W	E	V	O	L	H	V	D	T

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TUESDAY, MAY 14, 2024

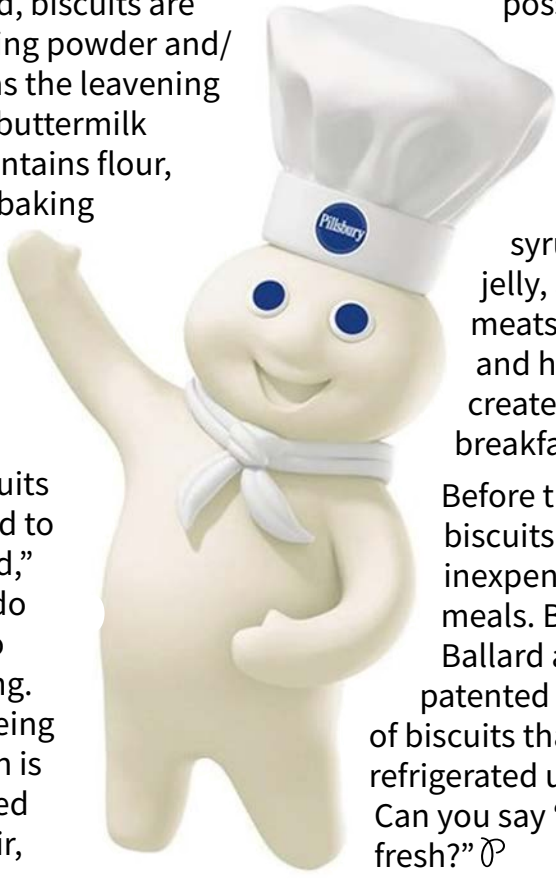
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## Today's perk is National Buttermilk Biscuit Day

**T**he Perk thinks you'll agree that a warm, fluffy biscuit is about one of the yummiest foods ever made. So good!

A cousin to bread, biscuits are made using baking powder and/or baking soda as the leavening agent. A typical buttermilk biscuit recipe contains flour, baking powder, baking soda, salt, butter and buttermilk; not to mention a whole lot of Southern hospitality! Biscuits are often referred to as a "quick bread," indicating they do not need time to rise before baking. Instead, while being made, the dough is beaten and folded to incorporate air,



which expands while baking, causing the biscuit to rise. For dinner, biscuits are traditionally served with butter or gravy. At breakfast, the possibilities are limitless—they can be paired with molasses, honey, maple syrup, jam or jelly, and breakfast meats like bacon and ham to create a delicious breakfast sandwich.

Before the Civil War, biscuits were an inexpensive staple at meals. But in 1931, Ballard and Ballard patented a version of biscuits that could be refrigerated until baked. Can you say "poppin' fresh?" 🍪

### perks in history

**1686** German physicist Gabriel Fahrenheit, who invented the Fahrenheit temperature scale, is born.

**1897** "The Stars and Stripes Forever" by John Phillip Sousa is performed for the first time.

**1904** The Olympic Games are held in St. Louis—the first time the games are played in the U.S.

### perk fact

White flour is almost instantly metabolized into sugar. Biscuits will quickly spike your blood-sugar level.



### perk pun

A jelly truck and a biscuit truck collided yesterday. Police are a trifle concerned.



People don't notice whether it's winter or summer when they're happy.

Anton Chekhov

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Poppin' Fresh Dough



B Z U N Y Y Z K L B T W T Y S  
 T U W P L V R E Y R I E F G J  
 Y B T L D E A U Y E U Y Q U D  
 E G E T P V M R K A C Y R B E  
 A J A E E M Z X G K S E S I R  
 S N H N Y R B J C F I N H F Y  
 T T I O O T M U P A B O Z P F  
 Y N G M Z U N I T S H H D L A  
 G Q U I C K R R L T R A U D M  
 S E S S A L O M E K E F N I R  
 Z B A K I N G S T H F R C N A  
 I O E T J A M Q Y Y T N V N W  
 X T N B L S F R T R P U S E R  
 H G U O D A I I S L U S O R Z  
 O S S O H A S I N I Q P N S O

- AIR
- BAKING
- BREAKFAST
- BISCUIT
- BUTTER
- BUTTERMILK
- DINNER
- DOUGH

- FLUFFY
- GRAVY
- HONEY
- JAM
- JELLY
- LEAVENING
- MOLASSES
- QUICK

- RISE
- SALT
- SYRUP
- SOUTHERN
- WARM
- YEAST
- YUMMY
- THE PERK

Yesterday's Perk Puzzle Solution

J J Q T S R Q I L Y F N K T S  
 R A L W V R A P O N D A R W G  
 N O I T I T E P M O C I E A E  
 H B L N K C L N J U X B P I L  
 N V V R R A R U N L J I E N K  
 G E A C U O M O S I Z H H D M  
 P M T N O P F A A B W P T C T  
 P W N T I N R I F K Z M J O C  
 V A R N B E T A L N S A U E L  
 P E G Y V S I E N A P W B S T  
 E Q O A J R I N S E C T I X O  
 C E L E B R A T E T O M L M A  
 U A L X V R B L E D V D E I D  
 C E L O P D A T G O R F E X Q  
 G N G H O A R M B R G E U I D

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WEDNESDAY, MAY 15, 2024

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# the Perk

DAILY

## Today's perk is Straw Hat Day

**N**ow that the days are getting warmer, a straw hat is a great addition to your wardrobe to keep you cool and protect you from the sun's powerful rays. The Boater Hat is the main reason National Straw Hat Day exists. In the 1920s the Boater was—and still is—regarded as a warm-weather hat. In the days when men always wore hats when outdoors, “Straw Hat Day”—the day when men switched from wearing their winter hats to their summer hats—was a sign that the sunnier and warmer days of summer were finally shining through.

Straw hats can be seen throughout every region of the world, with a vast range of styles and techniques used to create them for that region's specific needs. The reasons for their use

may be incredibly surprising, as well as the tenacity with which they've proven to stand the test of time and stay relevant to this day. Here's a guide to knowing your Panamas from your Fedoras:

**Panama Hat** This style actually originated in Ecuador because the *toquilla* straw used to create it grows all over the region. Typically woven by hand, some Panama hats take only a day to complete, while others may take up to two weeks or more.

**Straw Fedoras** For many years the classic Fedora was made of shaped wool or felt and worn solely in the winter months. But eventually this classic style was adapted to a “straw” option to sport throughout the heat-filled summer days.

Plus, hats just *look cool*. 🎩



## perks in history

**1862** The U.S. Congress creates the Department of Agriculture.

**1928** Walt Disney character Mickey Mouse premieres in his first cartoon, “Plane Crazy.”



**1940** Nylon stockings go on sale for the first time in the U.S.

**1951** AT&T becomes the first corporation to have one million stockholders.

## perk fact

The Panama Hat got its name because, like many South American goods, it was sent to Panama for export to the rest of the world.



## perk pun

Dental care in Panama is called a route canal.

The best way to cheer yourself is to try to cheer someone else up.

Mark Twain

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Top That!



U	R	C	T	U	O	Z	C	D	Q	L	Q	A	X	D
H	P	E	E	T	N	R	A	G	O	T	N	U	S	A
L	A	E	K	H	E	E	I	N	O	O	B	W	O	W
Y	N	H	W	L	A	R	E	T	N	O	M	K	M	K
P	A	C	L	L	A	B	E	S	A	B	P	T	B	R
O	M	O	O	B	E	T	O	B	T	A	I	A	R	E
U	A	L	L	O	Q	I	S	A	C	O	I	H	E	P
B	I	C	O	R	N	C	P	R	T	P	P	Y	R	E
F	E	D	O	R	A	S	O	K	E	E	H	O	O	H
F	E	Z	X	R	X	L	K	K	R	E	R	B	B	T
F	I	A	D	A	I	Q	C	I	I	O	D	W	O	W
C	H	U	P	A	L	L	A	N	N	G	P	O	N	A
W	T	B	S	Q	E	N	A	B	R	U	T	C	N	R
R	B	O	R	M	Y	E	M	Q	T	X	N	F	E	T
H	R	F	G	Y	B	V	R	E	R	L	Q	F	T	S

- BASEBALL CAP
- BEANIE
- BERET
- BI-CORN
- BOATER
- BONNET
- BOONIE
- CHUPALLA

- CLOCHE
- COONSKIN
- COWBOY HAT
- DEERSTALKER
- FEDORA
- FEZ
- KEPI
- MONTERA

- PANAMA
- PORK-PIE
- SAILOR CAP
- SOMBRERO
- STRAW
- TOP
- TURBAN
- THE PERK

Yesterday's Perk Puzzle Solution

B	Z	U	N	Y	Y	Z	K	L	B	T	W	T	Y	S
T	U	W	P	L	V	R	E	Y	R	I	E	F	G	J
Y	B	T	L	D	E	A	U	Y	E	U	Y	Q	U	D
E	G	E	T	P	V	M	R	K	A	C	Y	R	B	E
A	J	A	E	E	M	Z	X	G	K	S	E	S	I	R
S	N	H	N	Y	R	B	J	C	F	I	N	H	F	Y
T	T	I	O	O	T	M	U	P	A	B	O	Z	P	F
Y	N	G	M	Z	U	N	I	T	S	H	H	D	L	A
G	Q	U	I	C	K	R	R	L	T	R	A	U	D	M
S	E	S	S	A	L	O	M	E	K	E	F	N	I	R
Z	B	A	K	I	N	G	S	T	H	F	X	C	N	A
I	O	E	T	J	A	M	Q	Y	Y	T	N	V	N	W
X	T	N	B	L	S	F	R	T	R	P	U	S	E	R
H	G	U	O	D	A	I	S	L	U	S	O	R	Z	
O	S	S	O	H	A	S	I	N	I	Q	P	N	S	O

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THURSDAY, MAY 16, 2024

# the Perk

DAILY

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## Today's perk is National BBQ Day

If any gastronomical treat could give the proverbially American apple pie a run for its money, it might just be barbecue. The culinary tradition of cooking meat *low and slow* over indirect flame (the *true* definition of barbecue) has become so prevalent over the years that BBQ itself represents a sort of pop culture, spawning TV shows, historically-focused road trips, and even fusion dishes like BBQ tacos.

The first indigenous tribes Christopher Columbus encountered on the island he named Hispaniola had developed a unique method for cooking meat over an indirect flame, created using green wood to keep the food (and wood)



from burning. Reports indicate that the Spanish referred to this new style of cooking as *barbacoa*: the original barbecue. As the Spanish explorers who followed Columbus turned their expeditions north, they brought the cooking technique with them.

After the Revolutionary War was won and the first bridge was built over the Missouri River, barbecue celebrations erupted all over the nation. Even the American presidents are famous for hosting massive barbecues during times of success and on days of special observances. In fact, George Washington's diary

is said to have referenced a barbecue event that lasted for three days—that's how deeply rooted barbecuing is in American history! 🍖

### perks in history

**1888** The capitol of Texas is dedicated in Austin, becoming the largest Capitol building in the nation.



**1929** In Hollywood, California, the first Academy Awards are presented.



**1965** Spaghetti-O's are sold for the first time.

**1992** The Endeavor space shuttle lands safely after its maiden voyage.

### perk fact

The "Undisputable Cuz" is a 76-foot smoker that can cook up to four tons of meat at one time.



### perk pun

Becoming a vegan wold be a missed steak.

Life is really simple, but we insist on making it complicated.

Confucius

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Cook it “Low and Slow”



T R F J H G T I C F W S Y S T  
 Z C T L R U T C S U O Z I A R  
 O A E I A A C B U S L D E R E  
 E U L R E V A X B I N M S K D  
 S L T R I R O H M O H R M M N  
 T O T D B D Q R U N B P U N E  
 H Z C E O L N P L U V P B B T  
 E M C A L O M I O W I Q A O H  
 P U X R T H R G C O V F R Z Z  
 E A L O I N A P S I H T B O U  
 R B S S R E K O M S X M A E H  
 K U L W O O D B F F N J C F Q  
 A O O I Y B H H Q F T H O H C  
 W B V Q D T C I C C Q I A A J  
 F L A M E T H O D C G Q B B G

- BARBACOA
- BARBECUE
- BBQ
- BURN
- COLUMBUS
- EAT
- FLAME
- FLAVOR

- FUSION
- GRILL
- HISPANIOLA
- INDIRECT
- LOW
- MEAT
- METHOD
- OUTDOOR

- PIG
- SLOW
- SMOKER
- TACOS
- TENDER
- TREAT
- WOOD
- THE PERK

Yesterday's Perk Puzzle Solution

U R C T U O Z C D Q L Q A X D  
 H P E E T N R A G O T N U S A  
 L A E K H E E I N O O B W O W  
 Y N H W L A R E T N O M K M K  
 P A C L L A B E S A B P T B R  
 O M O O B E T O B T A I A R E  
 U A L L O Q I S A C O I H E P  
 B I C O R N C P R T P P Y R E  
 F E D O R A S O K E E H O H  
 F E Z X R X L K K R E R B B T  
 F I A D A I Q C I I O D W O W  
 C H U P A L L A N N G P O N A  
 W T B S Q E N A B R U T C N R  
 R B O R M Y E M Q T X N F T S  
 H R F G Y B V R E R L Q F T S



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FRIDAY, MAY 17, 2024

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## Today's perk is National Walnut Day

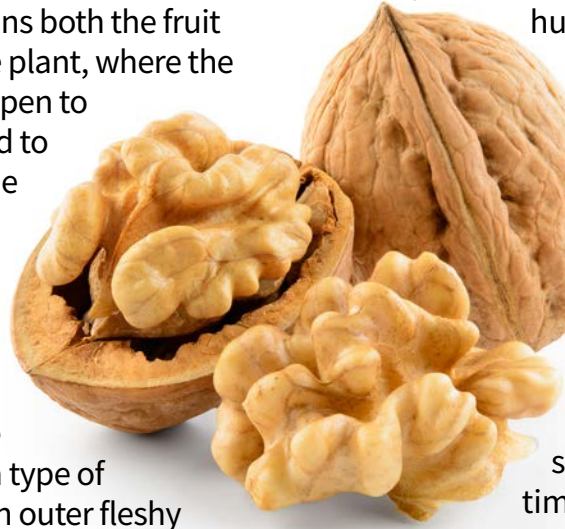
Every year on this date since President Dwight Eisenhower signed the official proclamation in 1958 we celebrate a truly “nutty” holiday.

Let's start by getting a little technical. There are botanical nuts and then there are drupes. A true (botanical) nut is a hard-shelled pod that contains both the fruit and seed of the plant, where the fruit does not open to release the seed to the world. Some examples of botanical nuts are chestnuts, hazelnuts and acorns.

A drupe, on the other hand, is a type of fruit in which an outer fleshy part surrounds a shell (what we sometimes call a pit) with a seed inside. Some examples of drupes are peaches, plums and cherries—but walnuts (and almonds and pecans) are also drupes. They're

just drupes in which we eat the seed inside the pit instead of the fruit! Got that?!

Walnuts are a high density source of nutrients, particularly proteins and essential fatty acids. The Persian or English walnut and the black walnut are the two most common major species of walnuts. The



husk of the walnut, which is peeled away from the shell at harvest, contains juice that has been used as a cloth dye since ancient times.

While the U.S. is the world's largest exporter of walnuts, this day was created by the Walnut Marketing Board to promote the consumption of walnuts. Okay, we'll...bite. 🍪

## perks in history

**1792** The New York Stock Exchange is formed.

**1954** The legal case of Brown v. Board of Education, which ended the legal segregation of U.S. schools, is won.



**2004** The first legal same-sex marriages in the U.S. are performed in the state of Massachusetts.

## perk fact

99% of the nation's English walnuts are produced in the Sacramento and San Joaquin valleys of California.

## perk pun

Those interested only in board games on Christmas Eve might just be chess nuts roasting by an open fire.

True happiness arises, in the first place, from the enjoyment of one's self.

Joseph Addison

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Tough Nut to Crack



D	J	S	S	E	C	O	R	P	C	M	C	P	K	O
A	I	Q	W	L	N	E	W	A	L	N	U	T	C	X
N	G	C	C	K	K	U	L	C	F	L	H	X	A	Q
M	I	B	A	C	T	I	V	I	X	P	E	H	N	Y
E	K	E	A	Y	F	L	Z	K	L	E	L	H	S	D
A	I	R	T	O	T	N	E	M	A	R	C	A	S	E
T	C	H	R	O	I	T	P	C	T	J	K	C	B	N
L	B	N	A	A	R	E	A	Z	N	U	R	B	R	S
N	I	L	T	R	R	P	Q	F	E	G	E	Y	Y	E
A	H	S	A	S	V	E	I	N	I	L	P	J	G	N
E	I	U	I	C	I	E	U	H	R	A	E	B	F	R
C	M	A	S	K	K	T	S	N	T	N	H	B	C	X
A	N	P	O	K	T	U	H	T	U	S	T	V	Q	O
Q	X	O	D	Y	C	A	K	E	N	S	D	E	E	S
B	C	M	V	E	N	G	L	I	S	H	G	L	L	W

- BLACK
- CAKE
- CALIFORNIA
- COOKIE
- CRACKER
- DENSE
- ENGLISH
- FATTY ACID

- HARVEST
- HUSK
- JUGLANS
- MEAT
- NUTRIENT
- NUTTY
- PERSIAN
- PROCESS

- PROTEIN
- SACRAMENTO
- SEEDS
- SHELL
- SNACK
- STAIN
- WALNUT
- THE PERK

Yesterday's Perk Puzzle Solution

T	R	F	J	H	G	T	I	C	F	W	S	Y	S	T
Z	C	T	L	R	U	T	C	S	U	O	Z	I	A	R
O	A	E	I	A	A	C	B	U	S	L	D	E	R	E
E	U	L	R	E	V	A	X	B	I	N	M	S	K	D
S	L	T	R	I	R	O	H	M	O	H	R	M	M	N
T	O	T	D	B	D	Q	R	U	N	B	P	U	N	E
H	Z	C	E	O	L	N	P	L	U	V	P	B	B	T
E	M	C	A	L	O	M	I	O	W	I	Q	A	O	H
P	U	X	R	T	H	R	G	C	O	V	F	R	Z	Z
E	A	L	O	I	N	A	P	S	I	H	T	B	O	U
R	B	S	S	R	E	K	O	M	S	X	M	A	E	H
K	U	L	W	O	O	D	B	F	F	N	J	C	F	Q
A	O	O	I	Y	B	H	H	Q	F	T	H	O	H	C
W	B	V	Q	D	T	C	I	C	Q	I	A	A	J	
F	L	A	M	E	T	H	O	D	C	G	Q	B	B	G

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SATURDAY, MAY 18, 2024

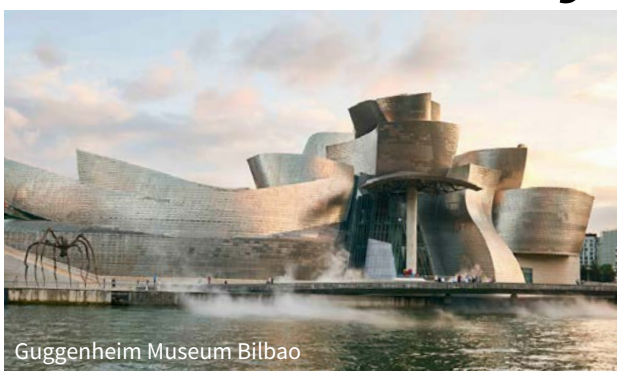
# the Perk

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## Today's perk is International Museum Day

**E**ach year since 1977, the International Council of Museums (ICoM) has organized International Museum Day to raise awareness about the fact that, "Museums are an important means of cultural exchange, enrichment of cultures and development of mutual understanding, cooperation and peace among peoples." The theme for the 2024 International Museum Day is *Museums, Education, and Research*.



Guggenheim Museum Bilbao

own right, such as Frank Lloyd Wright's Guggenheim Museum in New York City or Frank Gehry's Guggenheim Museum in Bilbao, Spain.

- The British Museum was originally housed in a large mansion, and for nearly half a century, it required a formal application for admission.
  - The first public museum in England was the Ashmolean Museum, named after the antiquary Elias Ashmole. The remains of a dodo, which later inspired Lewis Carroll in Alice's Adventures in Wonderland, was one of the oddities included in this collection.
- Did someone say "field trip"?!

To celebrate the importance of museums to the preservation of human civilization, we've gathered some historical facts about these great institutions:

- The word museum comes from the Greek "mouseion," the temples dedicated to the Muses and the arts they inspired.
- Today, museum buildings are considered works of art in their

### perks in history

**1917** The U.S. Congress passes the Selective Service act, which called up soldiers to fight in World War I.

**1946** A UFO, with living creatures inside, was reported by Gosta Carlsson, in Sweden.

**1953** The first woman to fly faster than the speed of sound, Jacqueline Cochran, pilots an F-86 Sabrejet over California at an average speed of 652.337 miles-per-hour.



### perk fact

The 'froggyland' museum in Croatia houses a collection of taxidermied frogs in human positions such as rowing boats and sitting in class!

### perk pun

And in the end mankind used so much toilet paper we wiped ourselves out.

Happiness lies in the joy of achievement and the thrill of creative effort.

Franklin D. Roosevelt

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Take a Stroll Through History



B M H C G W N C T M K M E Y I  
 N R X U Y R N E M C O K R O C  
 O O I T M R K L U G E H U R O  
 I E D T E A F E S M E L T Y N  
 T Q M D I L N B E G N T L W N  
 U S O U I S K R U A H S U O T  
 T M S S S T H A M E S U C H C  
 I A T R Q E I T P E Y I G H U  
 T U C C Y V B E N G N I W G K  
 S D A Y U U R E S S R A O L N  
 N C F Q D K R B P W M G T S I  
 I B I L B A O I H I S T O R Y  
 Q D T C W E R U T P L U C S A  
 I I R A N E M O U S E I O N M  
 C P A N O I T A Z I L I V I C

- ART
- ARTIFACTS
- AWARENESS
- BILBAO
- BRITISH
- CELEBRATE
- CIVILIZATION
- COLLECT

- CULTURE
- GEHRY
- HISTORY
- HUMAN
- ICON
- INSPIRE
- INSTITUTION
- MODERN

- MOUSEION
- MUSE
- MUSEUM
- ODDITIES
- SCULPTURE
- WRIGHT
- THE PERK

Yesterday's Perk Puzzle Solution

D J S S E C O R P C M C P K O  
 A I Q W L N E W A L N U T C X  
 N G C X K K U L C F L H X A Q  
 M I B A C T I V I X P E H N Y  
 E K E A Y F L Z K L E L H S D  
 A I R T O T N E M A R C A S E  
 T C H R O I T P C T J K C B N  
 L B N A A R E A Z N U R B R S  
 N I L T R R P Q F E G E Y Y E  
 A H S A S V E I N I L P J G N  
 E I U I C I E U H R A E B F R  
 C M A S K K T S N T N H B C X  
 A N P O K T U H T U S T V Q O  
 Q X O D Y C A K E N S D E E S  
 B C M V E N G L I S H G L L W

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SUNDAY, MAY 19, 2024

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## Today's perk is Nat'l Devil's Food Cake Day

**Y**ou had us at "cake"! But add in chocolate and creamy frosting and we simply can't resist! Here are five facts about the "devilishly" delicious dessert:

- Devil's food cake is considered a counterpart to the white or yellow angel food cake.
- Devil's food cake is generally more moist and airy than other chocolate cakes, and often uses cocoa as opposed to chocolate for the flavor as well as coffee.
- Devil's food cake was introduced in the United States in the early 20th century with the recipe in print as early as 1905.
- A similar cake, the red velvet cake, is closely linked to a devil's food cake, and in some turn of the century cookbooks

the two names may have been interchangeable.

- Devil's food cake incorporates butter, egg whites, flour (some chocolate cakes are flourless) and less egg than other chocolate cakes.



The Perk uncovered this interesting information we wanted to share: if you dream ever of eating a cake, that usually indicates

satisfaction or pleasure. It is often a symbol of your love towards someone or your caring and nurturing nature. Hmm...we don't know which is better—eating cake or dreaming about it!? 🍰

### perks in history

**1962** Marilyn Monroe performs a sultry rendition of "Happy Birthday" for U.S. President John F. Kennedy. The event was a fundraiser at New York's Madison Square Garden.



**1992** The 27th amendment of the U.S. Constitution, dealing with pay raises or decreases for members of Congress, is ratified—nearly 200 years after it was proposed.

### perk fact

On April 19, 2021, in Kharkov, Ukraine, nine pastry chefs jointly made the world's largest chocolate cake weighing more than 3 tons.

### perk pun

Good moms let you lick the cake beaters; better mom's turn the mixer off first.



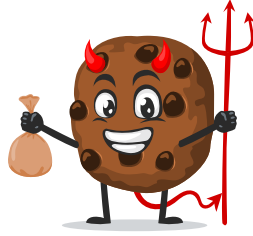
Great minds have purpose; others have wishes.

Washington Irving

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## A Heavenly Good Dessert



D	T	A	N	U	R	T	U	R	E	I	L	P	B	Y
G	E	Z	N	E	P	B	Y	E	L	L	O	W	A	M
N	F	V	P	G	U	R	O	V	A	L	F	M	T	A
I	Z	J	I	T	E	K	U	E	D	A	P	I	T	E
T	Y	O	T	L	Q	L	K	O	A	I	R	Y	E	R
S	E	E	S	V	O	T	S	D	L	V	B	H	R	C
O	R	E	D	E	S	S	E	R	T	F	T	E	S	Q
R	E	V	F	I	T	D	G	E	R	W	G	W	T	V
F	D	T	O	F	M	Z	I	A	F	G	E	H	P	W
R	V	M	I	P	O	W	B	M	W	E	E	K	A	C
V	E	P	A	H	K	C	I	H	T	P	F	I	G	P
Q	L	C	R	W	W	Z	I	G	E	H	F	K	T	G
M	V	I	I	Y	B	T	A	R	V	K	R	M	I	R
W	E	M	A	P	E	G	K	V	W	A	M	W	U	W
K	T	Y	T	S	E	S	P	B	D	H	B	U	M	E

- AIRY
- ANGEL
- BATTER
- BUTTER
- CAKE
- COFFEE
- CREAMY
- DARK

- DESSERT
- DEVIL
- DREAM
- EGG WHITES
- FLAVOR
- FLOUR
- FROSTING
- MOIST

- NURTURE
- RECIPE
- RED VELVET
- SWEET
- THICK
- WHITE
- YELLOW
- THE PERK

Yesterday's Perk Puzzle Solution

B	M	H	C	G	W	N	C	T	M	K	M	E	Y	I	
N	R	X	U	Y	R	N	E	M	C	O	K	R	O	C	
O	O	I	T	M	R	K	L	U	G	E	H	U	R	O	
I	E	D	T	E	A	F	E	S	M	E	L	T	Y	N	
T	Q	M	D	I	L	N	B	E	G	N	T	L	W	N	
U	S	O	U	I	S	K	R	U	A	H	S	U	O	T	
T	M	S	S	S	T	H	A	M	E	S	S	U	C	H	C
I	A	T	R	Q	E	I	T	P	E	Y	I	G	H	U	
T	U	C	C	Y	V	B	E	N	G	N	I	W	G	K	
S	D	A	Y	Q	U	U	R	E	S	S	R	A	O	L	N
N	C	F	Q	D	K	R	B	P	W	M	G	T	S	I	
I	B	I	L	B	A	O	I	H	I	S	T	O	R	Y	
Q	D	T	C	W	E	R	U	T	P	L	U	C	S	A	
I	R	A	N	E	M	O	U	S	E	I	O	N	M		
C	P	A	N	O	I	T	A	Z	I	L	L	I	V	I	C

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MONDAY, MAY 20, 2024

# the *Perk* DAILY

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## Today's **perk** is **World Bee Day**

**T**he United Nations (UN) proclaimed today as World Bee Day in 2017 following three years of efforts by Slovenian organizers. May 20 is the birthday of Anton Janša (1734–1773), a Slovenian beekeeper, the pioneer of modern beekeeping and one of the greatest authorities on the subject of bees. Considering almost 90% of wild plants and 75% of leading global crops depend on animal pollination, bees are a critical part of the global “supply chain.” Here are some other facts that will have you... buzzing!

- A honey bee colony has about 50,000 bees. More than 99% are infertile female bees (worker bees). At most only few hundred male bees (drones) and just one mother (the queen bee).
- A queen bee can lay twice it's body weight in eggs each day. That's about 2500 eggs in a single day.



4. Bees have five eyes. This includes three simple eyes and two compound eyes made up of around 7,000 facets or lenses each.

- A bee flaps its' wings up to 200 times per second, producing the familiar bee *buzz*. This rapid flapping produces a small positive charge that attracts pollen to its furry body from flowers that are negatively charged naturally.
- A honey bee will produce only about 1/12 of a teaspoon of honey in its lifetime.
- Male bees' (drones) only purpose in life is to mate with a queen bee. It does not work or forage at all and can not sting. ♂

## **perks in history**

**1874** Levi Strauss begins marketing blue jeans with copper rivets.



**1916** Norman Rockwell's first cover on “The Saturday Evening Post” appears.



**1932** Amelia Earhart takes off to fly solo across the Atlantic Ocean.

**1982** TV's “Barney Miller” airs for the last time on ABC-TV.



## **perk fact**

Scientists have managed to train the buff-tailed bumblebee to score a goal in ‘bee football’ in return for a sugary treat.

## **perk pun**

Insect puns really bug me.

Time you enjoy wasting is not wasted time.

Marthe Troly-Curtin

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## What's All the Buzz About



N E E U Q L B Y H I C C F P A  
L B E E A S N E Z A O R O E I  
V J O M E M H C E L T L S A N  
T R I Y H A E O O K L T G K E  
E N E O Y T E N N I E V G R V  
A N G K I E Y C N E Y E E E O  
S A R C R T H A N S Y U P P L  
P X T H R O T C I E U T O E S  
O U K A Y E W G E G I P C H R  
O X M I S P O R C N L C P T P  
N S L N S T I N G G O W S L C  
E N M F P J X M W O I R F Z Y  
O G S G N I W N B L Y M D A I  
U E E S P T G G Z R X L I C M  
U E H L K F O R A G E N S N G

- ANIMAL
- BEE
- BEEKEEPER
- CHAIN
- COLONY
- CROPS
- DRONE
- EGGS

- EYES
- FORAGE
- HONEY
- MATE
- POLLINATE
- QUEEN
- SCIENCE
- SLOVENIA

- SMART
- STING
- SUPPLY
- TEASPOON
- WINGS
- WORKER
- THE PERK

Yesterday's Perk Puzzle Solution

D T A N U R T U R E I L P B Y  
G E Z N E P B Y E L L O W A M  
N F V P G U R O V A L F M T A  
I Z J I T E K U E D A P I T E  
T Y O T L Q L K O A I R Y E R  
S E E S V O T S D L V B H R C  
O R E D E S S E R T F T E S Q  
R E V F I T D G E R W G W T V  
F D T O F M Z I A F G E H P W  
R V M I P O W B M W E E K A C  
V E P A H K C I H T P F I G P  
Q L C R W W Z I G E H F K T G  
M V I I Y B T A R V K R M I R  
W E M A P E G K V W A M W U W  
K T Y T S E S P B D H B U M E



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MONDAY, MAY 20, 2024

# the Perk

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## Today's perk is Victoria Day

**H**appy Victoria Day!  
Originally a celebration  
of Queen Victoria's  
birthday, the holiday  
now marks Queen Elizabeth II's  
birthday as well. Victoria Day  
was established as a holiday in  
the Province of Canada in 1845  
and as a national holiday in  
1901.

The new public holiday was  
comparatively quiet during  
the 1840s, but the celebrations  
grew over the course of the 19th  
century as Canadians embraced  
an occasion that combined  
the prevailing loyalty to the  
Crown with the transition to  
warmer weather. On Queen  
Victoria's 35th birthday in 1854,  
5,000 people gathered outside  
Government House in Toronto  
to cheer. The effusive Toronto  
celebrations set the tone for the  
rest of Canada.

The Perk enjoyed learning about  
the romance between Queen  
Victoria and Prince Albert. She  
wrote in her diary that she was  
attracted to Albert from the



moment she met him in 1836: "He  
is extremely handsome; his hair  
is about the same color as mine;  
his eyes are large & blue & he has  
a beautiful nose & a very sweet  
mouth with fine teeth." Looking  
closely at the portrait shown  
here, you can see that she holds a  
photograph of her beloved.

Victoria Day has few parallels  
around the world. In parts of  
Scotland, schools close on the  
Monday before 25 May to honor  
Queen Victoria's contributions  
to Scottish society. Belize  
celebrates Commonwealth  
Day on 24 May. Only in Canada,  
however, does Queen Victoria's  
birthday remain a national  
holiday. ♂

### perks in history

**1874** Levi Strauss begins  
marketing blue jeans with  
copper rivets.

**1916** Norman Rockwell's  
first cover on "The  
Saturday Evening Post"  
appears.

**1932** Amelia Earhart takes  
off to fly solo across the  
Atlantic Ocean.

**1982** TV's "Barney Miller"  
airs for the last time on



### perk fact

Historians estimate that  
Queen Victoria was no more  
than five feet tall.

### perk pun

The queen wasn't able to  
make it to the party but she  
took a reign check.

Sometimes we don't find the thing that will make us happy because we can't  
give up the thing that was supposed to.

Robert Brault

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Fête de la Reine



Z J R P K R E P E H T Y P J O  
 C E L E B R A T E T E A O U T  
 Y H C P M T R E B L A D R U N  
 J A E I V M V R I H A H T R O  
 P N D E L G U Z U V O T R O R  
 N W D I R B A S A X Y R A M O  
 E D A V L B U D E K E I I A T  
 E P C R E O A P Q Z T B T N C  
 U R D T M N H F J R I O K C R  
 Q N H N A T I O N A L L U E O  
 I L K C E M O S D N A H E A W  
 G A U O D E C N I V O R P B N  
 P Y W X S A D N A L T O C S X  
 P O N U S R E I G N P W T R O  
 E L V I C T O R I A H N U V W

- ALBERT
- BELIZE
- BIRTHDAY
- CANADA
- CELEBRATE
- CHEER
- CROWN
- ELIZABETH

- HANDSOME
- HOLIDAY
- LOYAL
- NATIONAL
- PORTRAIT
- PROVINCE
- PUBLIC
- QUEEN

- REIGN
- ROMANCE
- SCOTLAND
- SUMMER
- TORONTO
- VICTORIA
- WARM
- THE PERK

Yesterday's Perk Puzzle Solution



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TUESDAY, MAY 21, 2024

# the Perk DAILY

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## Today's perk is **American Red Cross Founders Day**

**W**e all know the wonderful work of the American Red Cross, but how much do we know about Clara Barton, the amazing woman who founded it in 1881? Clara had no practical medical experience, but like many women during the American Civil War, she rolled up her sleeves, bandaging and nursing wounded Union soldiers and Confederate prisoners alike. Much of the money she used to support her efforts came out of her own pocket. Passionate about her work, Clara put herself at risk for infection many times, nearly dying at one point. At the end of the war, she established the Bureau of Records of Missing Men to



help locate soldiers missing in action, eventually aiding in the identification of 22,000 missing soldiers.

Following the war in 1869, she traveled to Europe, where she volunteered with the International Red Cross during the Franco-Prussian War for several years. Upon returning to the U.S., Clara was determined to bring the Red Cross to America. She became the first president of the organization and led it for twenty-three years.

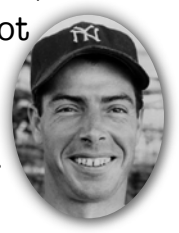
Headquartered in Washington D.C., this humanitarian organization provides assistance in the United States as the designated affiliate of the International Red Cross! 🇺🇸

## perks in history

**1927** Charles Lindbergh, lands his Spirit of St. Louis airplane in Paris after the first solo crossing of Atlantic.



**1947** Joe DiMaggio and five of his New York Yankee teammates are fined \$100 because they had not fulfilled contract requirements to do promotional duties.



**1992** Comedian Johnny Carson makes his final appearance as host of The Tonight Show.

## perk fact

The Red Cross is NOT a logo; it is an emblem protected by international law.

## perk pun

I tried playing hide and seek in the hospital, but they kept finding me in the ICU.

I may sometimes be willing to teach for nothing, but if paid at all, I shall never do a man's work for less than a man's pay.

Clara Barton

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## In War, Charity



N R D S X T H E P E R K E N V  
 O R E E T D M R C Z J S J A P  
 I K A D R R A I V R T I M I H  
 T R T W N C A Y S A O R D R I  
 C O R W T U U V B S E S E A L  
 A W Z I X T O L E N I I S T A  
 Q A C L S G I F O L D N K I N  
 T A R I L S A I X L E W G N T  
 L D S X H H T H O X F D X A H  
 N S Z A J C P S O L F J T M R  
 A M C R E E T N U L O V Q U O  
 Z R I F R E N O S I R P J H P  
 E C N E I R E P X E T O P Z I  
 L I P J H C I V I L E M C R C  
 M E D I C A L S U P P O R T I

- ACTION
- ASSIST
- CIVIL
- CROSS
- EFFORT
- ESTABLISH
- EXPERIENCE
- FOUNDER

- HUMANITARIAN
- INFECTON
- MEDICAL
- MISSING
- PHILANTHROPIC
- PRACTICAL
- PRISONER
- RED

- RISK
- SOLDIER
- SUPPORT
- TRAVELED
- VOLUNTEER
- WAR
- WORK
- THE PERK

Yesterday's Perk Puzzle Solution

N E E U Q L B Y H I C C F P A  
 L B E E A S N E Z A O R O E I  
 V J O M E M H C E L T L S A N  
 T R I Y H A E O O K L T G K E  
 E N E O Y T E N N I E V G R V  
 A N G K I E Y C N E Y E E E O  
 S A R C R T H A N S Y U P P L  
 P X T H R O T C I E U T O E S  
 O U K A Y E W G E G I P C H R  
 O X M I S P O R C N L C P T P  
 N S L N S T I N G G O W S L C  
 E N M F P J X M W O I R F Z Y  
 O G S G N I W N B L Y M D A I  
 U E E S P T G G Z R X L I C M  
 U E H L K F O R A G E N S N G



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# the Perk

DAILY

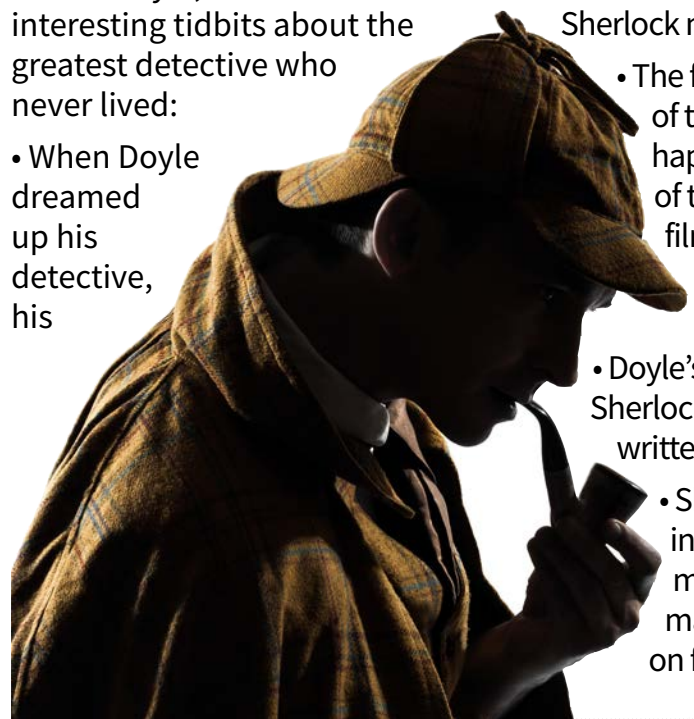
## Today's perk is International Sherlock Holmes Day

**W**ho isn't familiar with the name Sherlock Holmes? Thanks to numerous stories, as well as movie and TV adaptations, Sherlock Holmes has the distinction of still being the most famous fictional detective in history. On the birthday of his creator, Sir Arther Conan Doyle, here are some interesting tidbits about the greatest detective who never lived:

- When Doyle dreamed up his detective, his

name was originally "Sherrinford."

- Sherlock's assistant, Watson, was originally named Ormond Sacker.
- The cap we most associate with Sherlock is the deerstalker, but in Doyle's works, he never wears it.
- Although "Elementary, my dear Watson" is the most quoted line attributed to the detective, Sherlock never actually said it.



- The first movie adaptation of the character happened at the turn of the century with a film that only lasted 30 seconds, *Sherlock Holmes Baffled*.

- Doyle's first novel about Sherlock, *A Study in Scarlet*, written in 1887, flopped.
- Sherlock has appeared in more than 226 movies, but Dracula has made 239 appearances on film. ☞

### perks in history

**1849** Abraham Lincoln receives a patent for the floating dry dock.



**1867** Queen Victoria decrees that Canada should come into being July 1.

**1967** "Mister Rogers' Neighborhood" premieres on PBS.

**1992** Johnny Carson hosts NBC's "Tonight Show" for the last time. He had been host for 30 years.



### perk fact

Doyle wrote four novels & 56 stories about the adventures of Sherlock Holmes.

### perk pun

Holmes' taxes were so low because he was a master of deduction.

Sometimes we don't find the thing that will make us happy because we can't give up the thing that was supposed to.

Robert Brault

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## It's No Mystery He's So Popular



X	E	R	U	T	N	E	V	D	A	R	E	P	Y	Q
S	U	O	M	A	F	V	H	N	E	D	D	G	A	O
S	R	E	M	O	V	I	E	K	E	R	O	K	H	C
E	W	P	B	J	J	K	L	L	H	A	P	Y	M	A
M	S	A	M	D	C	A	E	X	M	C	F	R	L	X
L	T	C	B	M	T	M	R	A	L	U	P	O	P	E
O	O	E	B	S	E	V	K	D	S	L	E	U	T	H
H	R	B	R	N	P	C	M	X	A	A	N	C	H	S
L	Y	E	T	I	O	C	X	Y	K	E	J	K	E	N
A	E	A	P	L	I	I	J	V	S	T	R	M	P	O
D	R	E	R	N	D	E	T	E	C	T	I	V	E	V
Y	N	E	O	A	H	B	K	C	X	O	E	D	R	E
K	H	C	W	A	T	S	O	N	I	X	T	R	K	L
S	I	T	V	H	B	Q	D	L	Y	F	I	C	Y	K
Q	N	O	I	S	I	V	E	L	E	T	U	Q	G	D

- ADVENTURE
- CAP
- CAPE
- DEERSTALKER
- DETECTIVE
- DOYLE
- DRACULA
- ELEMENTARY

- FAMOUS
- FICTION
- HOLMES
- ICONIC
- MOVIE
- MYSTERY
- NOVEL
- PIPE

- POPULAR
- READ
- SHERLOCK
- SLEUTH
- STORY
- TELEVISION
- WATSON
- THE PERK

Yesterday's Perk Puzzle Solution

N	R	D	S	X	T	H	E	P	E	R	K	E	N	V
O	R	E	E	T	D	M	R	C	Z	J	S	J	A	P
I	K	A	D	R	R	A	I	V	R	T	I	M	I	H
T	R	T	W	N	C	A	Y	S	A	O	R	D	R	I
C	O	R	W	T	U	U	V	B	S	E	S	E	A	L
A	W	Z	I	X	T	O	L	E	N	I	S	T	A	
Q	A	C	L	S	G	I	F	O	L	D	N	K	I	N
T	A	R	I	L	S	A	I	X	L	E	W	G	N	T
L	D	S	X	H	H	T	H	O	X	F	D	X	A	H
N	S	Z	A	J	C	P	S	O	L	F	J	T	M	R
A	M	C	R	E	E	T	N	U	L	O	V	Q	U	O
Z	R	I	F	R	E	N	O	S	I	R	P	J	H	P
E	C	N	E	I	R	E	P	X	E	T	O	P	Z	I
L	I	P	J	H	C	I	V	I	L	E	M	C	R	C
M	E	D	I	C	A	L	S	U	P	P	O	R	T	I

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THURSDAY, MAY 23, 2024

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## Today's perk is World Turtle Day

**W**hat exactly is the difference between a turtle and a tortoise, you ask?

Good question. Tortoises and turtles are both reptiles from the order of *testudines*, but in different classification families. The major difference between the two is that tortoises dwell on land, while turtles live in the water some or nearly all of the time.

The bodies of tortoises and turtles are both shielded by a shell: the upper part is called the *carapace* and the lower portion is the *plastron*. The carapace and the plastron are attached by a bridge, which means that although the head and limbs of a turtle or tortoise may be withdrawn from the shell, the whole body can never be totally detached from it. Both reptiles are generally reclusive and shy in nature.

World Turtle Day, now in it's 23rd year, was founded by American



Tortoise Rescue, a nonprofit organization established in 1990 for the protection of all species of tortoise and turtle. The day was created in 2000 as an annual observance to help people celebrate and protect turtles and tortoises and also to educate people about their disappearing habitats around the world.

These creatures have been around for more than 200 million years, evolving before mammals, birds, snakes and lizards. Biologists believe that turtles have managed to outlive many other species due to the unique protection provided by their shells. ♂

## perks in history

**1876** Boston's Joe Borden pitches the very first no-hitter in the history of the National League.

**1879** The first U.S. veterinary school is established by Iowa State University.

**1934** The American bank robbers Bonnie and Clyde are ambushed by police and killed in Black Lake, Louisiana.



## perk fact

The Leathery Turtle can weigh up to 1500 pounds—as much as an American bison.



## perk pun

Fortunately when the turtle was hit by lightning he was only a little shell shocked.

Happiness in this world, when it comes, comes incidentally. Make it the object of pursuit, and it leads us on a wild-goose chase, and is never attained.

Nathaniel Hawthorne

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## (Don't) Come Out Of Your Shell



M A M M A L S S J S S R S T R  
W N O H S X E M D N L D I N E  
G N I P P A N S A R R O F E T  
R P V E C J N K I A I M W I A  
L D L T O I E W Z O F B B C W  
E G E V N S F I V Z T A C N R  
A D E R S E L T R U T R P A E  
T X T D E D O O L B D L O C D  
H R H Y R G D F O K A S A T N  
E R E L V N N S O S H P L V U  
R Q P P A N L A T Y A M L V S  
Y S E L T K Y R D R S W E R G  
T D R E I I O J A N B K H P H  
R R K W O N L C X B E G S F N  
P O N D N C R E A T U R E F X

- ANCIENT
- BIRDS
- CARAPACE
- COLD BLOODED
- CONSERVATION
- CREATURE
- ENDANGERED
- LAND

- LEATHERY
- LIZARDS
- MAMMALS
- PET
- PLASTRON
- POND
- REPTILE
- SHELL

- SHY
- SLOW
- SNAKES
- SNAPPING
- TORTOISE
- TURTLE
- UNDERWATER
- THE PERK

Yesterday's Perk Puzzle Solution

X E R U T N E V D A R E P Y Q  
S U O M A F V H N E D D G A O  
S R E M O V I E K E R O K H C  
E W P B J J K L L H A P Y M A  
M S A M D C A E X M C F R L X  
L T C B M T M R A L U P O P E  
O O E B S E V K D S L E U T H  
H R B R N P C M X A A N C H S  
L Y E T I O C X Y K E J K E N  
A E A P L I I J V S T R M P O  
D R E R N D E T E C T I V E V  
Y N E O A H B K C X O E D R E  
K H C W A T S O N I X T R K L  
S I T V H B Q D L Y F I C Y K  
Q N O I S I V E L E T U Q G D



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FRIDAY, MAY 24, 2024

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## Today's perk is International Tiara Day



Perk... don your shiniest crown and learn a little bit about a true sovereign...

The eighteen-year-old princess became Queen Victoria of Great Britain and Ireland on June 20, 1837 following the death of other predecessors. Victoria married her cousin, Prince Albert of Saxe-Coburg Gotha, in 1840 with whom she had nine children within the next seventeen years, among them the future King Edward VII. Albert was an avid patron of the arts, and he helped organize the famous Great Exhibition of 1851 at the "Crystal Palace." Victoria doted on her husband, who influenced her greatly and became her most trusted adviser in matters of state.

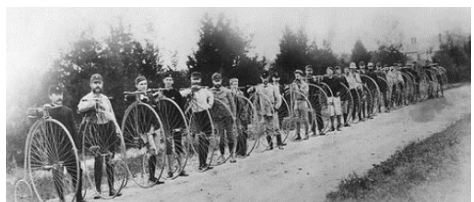
After sixty-three years as queen—the second longest reign of any English monarch—Victoria died at the age of 81 on January 22, 1901 having achieved great popularity in Britain. She had come to be seen as the great symbol of the British Empire. ♂

**T**his Perk is just for the ladies, but men are certainly welcome to admire the fairer gender. International Tiara Day dates back to 2005 and encourages all women to embrace their inner beauty, their power and their work for the home and society. There's actually a serious reason why May 24 was chosen as the date to celebrate this piece of headgear—it also happens to be the birthday of Queen Victoria. The Perk suggests a two-fold

### perks in history

**1738** The Methodist Church is established.

**1878** The first American bicycle race is held in Boston.



**1883** After 14 years of construction the Brooklyn Bridge opens to traffic.

**1976** The Concorde begins service between Europe and Washington DC.

**1993** A "Star Trek" episode guest stars Mae Jemison, the first real life astronaut to appear on the show.

### perk fact

The most valuable tiara was designed by Gianni Versace with an estimated retail value of \$5 million in 1996.

### perk pun

I was surprised to learn that there was royalty living just Tudors down.

A truly happy person is one who can enjoy the scenery while on a detour.

Unknown

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Crowning Glory



P O W E R N A Y T U A E B H Y  
 Q H H M I L P W H Y X M L S E  
 T U R O B D D N O H W P O I D  
 P X E E T G V E I R N I B T I  
 J G R E S G H B L W K R M I S  
 J T T H N C I R O W R E Y R N  
 T L I I R T C R A U E I S B I  
 D N M A I I C Y B E I T A X A  
 E O N O Q K D X A U G J A R J  
 Y O N S U O M A F D N D A T L  
 M V I C T O R I A T H I A K S  
 M N Z C R Y S T A L T T N E A  
 N G I E R E V O S W D D R W H  
 Y J K R E P E H T V F F H I B  
 R R W C Z U X B P L B G N Y B

- ALBERT
- BEAUTY
- BIRTHDAY
- BRITISH
- CROWN
- CRYSTAL
- DON
- EMPIRE

- EXHIBITION
- FAMOUS
- HEADGEAR
- INSIDE
- MONARCH
- POWER
- QUEEN
- REIGN

- SHINE
- SOVEREIGN
- STATE
- SYMBOL
- TIARA
- VICTORIA
- WORK
- THE PERK

Yesterday's Perk Puzzle Solution

M A M M A L S S J S S R S T R  
 W N O H S X E M D N L D I N E  
 G N I P P A N S A R R O F E T  
 R P V E C J N K I A I M W I A  
 L D L T O I E W Z O F B B C W  
 E G E V N S F I V Z T A C N R  
 A D E R S E L T R U T R P A E  
 T X T D E D O O L B D L O C D  
 H R H Y R G D F O K A S A T N  
 E R E L V N N S O S H P L V U  
 R Q P P A N L A T Y A M L V S  
 Y S E L T K Y R D R S W E R G  
 T D R E I I O J A N B K H P H  
 R R K W O N L C X B E G S F N  
 P O N D N C R E A T U R E F X

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SATURDAY, MAY 25, 2024

# the Perk

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## Today's perk is National Tap Dance Day

**T**he art of tap dancing couldn't have been born anywhere but the in USA. It grew from the interaction of Native American influences, Irish and British step (clog) dancing and the African *Juba* dance. The creation of this art form grew up alongside another American art form: Jazz! During the Civil War, tap dancing became very popular, so by the 20th century it became a major component of Vaudeville shows. Jazz musicians were supported by dancers because of their ability to keep time to the dancers' complex rhythms.

Hollywood soon took up tap and began incorporating it into films in the 1930s. Gene Kelly became an overnight tap sensation as did Fred Astaire who became

famous for combining tap with traditional ballroom dance. It has been said that Astaire's dance partner Ginger Rogers, did everything he did – "but backwards...and in high heels!" The Perk will never forget Bill Bojangles Robinson, known for his strict tempos and smooth shifts executed on his toes, or his Stair Dance performed with Shirley Temple in *The Little Colonel* (1935), one of four movies they made together!



Tap can contribute positively to a health plan by promoting cardio exercise, weight loss, developing balance, and relieving stress. <sup>o</sup>

### perks in history

**1935** Babe Ruth hit his last three career home runs for the Boston Braves.

**1953** The first public television station in the United States officially begins broadcasting.

**1961** JFK announces the goal of putting a man on Moon before the end of decade.



**2011** Oprah Winfrey airs her last show, ending her twenty-five-year run of "The Oprah Winfrey Show."



### perk fact

Bill Bojangles Robinson coined the word copasetic to mean "all is fine." Formed in 1949, the black dance fraternity became the Copasetics in his honor.

### perk pun

Life without music would b flat.

I think the key to life is just being a happy person, and happiness will bring you success.

Diego Val

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Rat-a-tat-tat-tat



Z I W A E I V O M E N T O L O  
M N J M X E F S P A V F X H P  
Y C B E E N J E S E F I C I M  
M O O R L L A B N E R R T R E  
P R W I P A R V Q I R F I A T  
O P E C M Z I Z N R B T O C N  
P O I A O J P F X O H M S R A  
U R G C C O L Q P G H A O Q M  
L A H Z L U B R I U G M D C M  
A T T E E A O N P A R T N E R  
R E V N L M R K R E P E H T M  
I E C A O E N O I T A S N E S  
D E N T V A U D E V I L L E V  
Y C E O P G Y N E X E C U T E  
E T R A D I T I O N A L A U E

- AFRICA
- AMERICA
- BALANCE
- BALLROOM
- COMBINE
- COMPLEX
- DEVELOP
- EXECUTE

- INCORPORATE
- INFLUENCE
- MOVIE
- NATIVE
- OVERNIGHT
- PARTNER
- PERFORM
- POPULAR

- PROMOTE
- SENSATION
- STRESS
- TEMPO
- TRADITIONAL
- VAUDEVILLE
- WEIGHT
- THE PERK

Yesterday's Perk Puzzle Solution

POWER N A Y T U A B H Y  
Q H H M I L P W H Y X M L S E  
T U R O B D D N O H W P O I D  
P X E E T G V E I R N I B T I  
J G R E S G H B L W K R M I S  
J T T H N C I R O W R E Y R N  
T L I I R T C R A U E I S B I  
D N M A I I C Y B E I T A X A  
E O N O Q K D X A U G J A R J  
Y O N S U O M A F D N D A T L  
M V I C T O R I A T H I A K S  
M N Z C R Y S T A L T T N E A  
N G I E R E V O S W D D R W H  
Y J K R E P E H T V F F H I B  
R R W C Z U X B P L B G N Y B

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SUNDAY, MAY 26, 2024

# the Perk DAILY

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## Today's perk is Indianapolis 500



**T**he much-anticipated Indianapolis 500, or Indy 500, is the largest single-day sporting event in the world. It is held the day before Memorial Day at the Indianapolis Motor Speedway, attracting over 300,000 people.

The complex was built in 1909 as a gravel-and-tar track for motorcycle races. The first car race took place in 1911 with the average speed of 74.59 mph. The average speed in 2023 was more than twice that 168.19 mph.

- The speedway was closed during both WW1 and WWII,

when it was used as a training ground for military aviators, reopening after significant repairs in 1946.

- The youngest winner of the Indy 500 was Tony Ruttman, age 22 in 1952. The oldest winner, at 47, was Al Unser in 1987. There have been 23 international winners, and although ten women have started the race, Maude Yagle in 1929 is the only female to ever win.

- Hélio Castroneves, A.J. Foyt, Rick Mears, and Unser share the record for most victories, four each.
- The longest race happened in 2004 when rain delayed and stopped the race three times—causing a record-breaking broadcast time of 8 hours 10 minutes.
- Traditionally the winner drinks a bottle of milk, a tradition that started with Louis Meyer in 1936. 🐄

### perks in history

**1961** A U.S. Air Force bomber flies across the Atlantic in a record time of just over three hours.

**1969** The Apollo 10 astronauts return to Earth after a successful eight-day dress rehearsal for the first manned moon landing.

**1978** The first legal casino in the Eastern U.S. opens in Atlantic City, NJ.



### perk fact

If all the Indy 500 hot dogs sold on race day were placed end-to-end, they would circle the 2 ½ mile oval track more than three times.

### perk pun

Someone keeps stealing the wheels from cars around here. Police are looking tirelessly for him.

I don't race for the fame or the money, I race for the love of the game.

A.J. Foyt

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Start Your Engines



S H W D T X N T X D T L T K R  
 B I V R U Z S J T R R A S O I  
 M B L M E E M S A I C E E L A  
 Q O Q O G N A I U N Z G G D P  
 V F T N P C N V J K N Y R E E  
 J A O O D A C I R C L E A S R  
 D L V A R Y N B W Y G T L T T  
 K A O P R Q H A A N S E Q R H  
 L R E C A R D W I E I F I A E  
 B Y P T D K D E G D E A O D P  
 S P O R T E X N L M N R R I E  
 L D V H E Y U M A A O I G T R  
 K B H P M O J L R R Y O K I K  
 L F S M Y H E M I L K T Y O F  
 Y R O T C I V R U V X T M N H

- BROADCAST
- CIRCLE
- DELAY
- DRINK
- FEMALE
- FOYT
- INDIANAPOLIS
- LARGEST

- LONGEST
- MILK
- MOTOR
- OLDEST
- OVAL
- RACE
- RAIN
- REPAIR

- SPEEDWAY
- SPORT
- TRADITION
- TRAIN
- VICTORY
- WINNER
- YOUNGEST
- THE PERK

Yesterday's Perk Puzzle Solution

Z I W A E I V O M E N T O L O  
 M N J M X E F S P A V F X H P  
 Y C B E E N J E S E F I C I M  
 M O O R L L A B N E R R T R E  
 P R W I P A R V Q I R F I A T  
 O P E C M Z I Z N R B T O C N  
 P O I A O J P F X O H M S R A  
 U R G C C O L Q P G H A O Q M  
 L A H Z L U B R I U G M D C M  
 A T T E E A O N P A R T N E R  
 R E V N L M R K R E P E H T M  
 I E C A O E N O I T A S N E S  
 D E N T V A U D E V I L L E V  
 Y C E O P G Y N E X E C U T E  
 E T R A D I T I O N A L A U E

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MONDAY, MAY 27, 2024

# the Perk

DAILY

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## Today's perk is Nothing to Fear Day

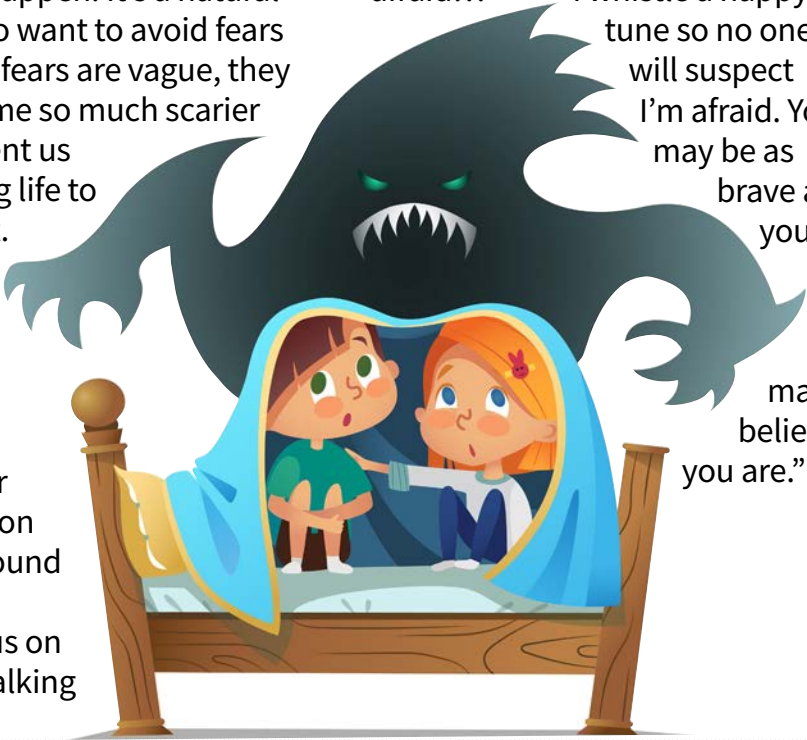
President Franklin D. Roosevelt famously said, in his first inaugural address in 1933, "The only thing we have to fear is fear itself." Although fear is a natural survival response, it may cause us to become overly cautious or to make mistakes. People often run away from fears instead of taking a closer look at the worst thing that can happen. It's a natural impulse to want to avoid fears but when fears are vague, they can become so much scarier and prevent us from living life to the fullest.

Take a break, get out of your head, and focus your attention on what's around you right now. Focus on people walking

outside your window, the muffled words and noises from the street, the smells around you and the sun shining. To quote Charlie Brown, "Worrying won't stop the bad stuff from happening, it just stops you from enjoying the good." It's important to find at least one positive thing every day.

Remember words from a song in *The King and I*, "Whenever I feel afraid... I whistle a happy tune so no one will suspect I'm afraid. You may be as brave as you

make believe you are." P



### perks in history

**1927** The Ford Motor Co. ends manufacture of the Model T.

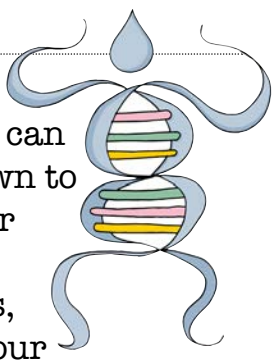
**1933** The Walt Disney Company releases the cartoon Three Little Pigs.



**1969** Construction of Disney World begins in Florida.

### perk fact

Specific fears can be passed down to you from your parents and grandparents, just like all your other genetic traits.



### perk pun

Fear is a little dark room where negatives are developed.

We should not let our fears hold us back from pursuing our hopes.

John F. Kennedy

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Nothing to Fear



X R U S N W T Y A B R W D G U  
 S P E I U N O D L V E H W F H  
 U U I M E S D R Q A S I O S L  
 C N O V E R P X R F P S R U A  
 O J E M E M L E E Y O T S O R  
 F R J S A Z B A C J N L T I U  
 P L S Z V F R E R T S E V T T  
 P U R S U I N G R U E P E U A  
 I N O I T N E T T A G V L A N  
 T S E L L U F K E A I U Y C V  
 S U R V I V E D A T A R A E R  
 K R E P E H T R I T A F J N B  
 P O T S I I B S C C S A V Y I  
 R X T W Z V O Q S G Q I O T Q  
 Y S F K I P V A G U E O M X B

- ADDRESS
- ATTENTION
- CAUTIOUS
- FAMOUS
- FEAR
- FOCUS
- FULLEST
- INAUGURAL

- MISTAKE
- NATURAL
- POSITIVE
- PREVENT
- PURSUING
- REMEMBER
- RESPONSE
- SCARY

- STOP
- SURVIVE
- SUSPECT
- VAGUE
- WHISTLE
- WORRY
- WORST
- THE PERK

Yesterday's Perk Puzzle Solution

S H W D T X N T X D T L T K R  
 B I V R U Z S J T R R A S O I  
 M B L M E E M S A I C E E L A  
 Q Q O G N A I U N Z G G D P  
 V F T N P C H V J K N Y R E E  
 J A O O D A C I R C L E A S R  
 D L V A R Y N B W Y G T L T T  
 K A O P R Q H A A N S E Q R H  
 L R E C A R D W I E I P I A E  
 B Y P T D K D E G D E A O D P  
 S P O R T E X N L H N R R I E  
 L D V H E Y U M A A O I G T R  
 K B F S M Y H E M I L K T Y O F  
 Y R O T C I V R U V X T M N H



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MONDAY, MAY 27, 2024

# the Perk

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## Today's perk is Memorial Day

Originally called Decoration Day, from the early tradition of decorating graves with flowers, wreaths and flags, Memorial Day is a day for remembrance of those who have died in service to our country. It was first widely observed on May 30, 1868 to commemorate the sacrifices of Civil War soldiers. During that first national celebration James Garfield made a speech at Arlington National Cemetery, after which 5,000 participants helped to decorate the graves of the more than 20,000 Union and Confederate soldiers who were buried there. It has been recognized as a federal holiday since 1971.

As a reminder,



when an American flag becomes worn, faded, torn or dirty, it should be retired and replaced. Retired flags may be surrendered at a military base in your community, or you may choose to burn the flag in a proper ceremony. The Veterans Department of Affairs sanctions the following: start by folding the flag in a customary triangle manner; then place the flag in a fire large enough to contain the entire flag; while it burns, individuals in attendance should salute or recite the Pledge of Allegiance. End the ceremony with a moment of silence and bury the ashes once the flag is completely consumed. Ⓜ

### perks in history

**1927** The Ford Motor Co. ends manufacture of the Model T.

**1933** The Walt Disney Company releases the cartoon Three Little Pigs.



**1969** Construction of Disney World begins in Florida.

### perk fact

The reason many U.S. army helicopters are named after native-American tribes is because the first U.S. Air Force bases were located on native reserves.

**The Perk loves our  
military and their families.  
Today and every day...  
we remember.  
Thank you.**

To be happy, you must fancy that everything you have is a gift, and you the chosen, though you worked your tail off for every bit of it.

Robert Brault

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Service and Sacrifice



S Y O E T A R O M E M M O C N  
T R A D I T I O N G E D B L O  
G T P N C J S Y S M A K F E I  
A N A A O E N R O O R L C N T  
R U T R E S M R E E L I F W A  
F O R E R C I E P I F E R V R  
I C I T Y A N E T I D E M S O  
E E O E L Y H A R E A L L N C  
L V T V P T H C R T R A O S E  
D R O N O H A O H B R Y E S D  
D E V R E S B O L E M R B U X  
F L O W E R S O D I V E X L R  
L A I C E P S E J I D H M Z J  
T H X C M L F M C G R A V E S  
K J Q U Y T R E K J Z P Y W R

- CEMETERY
- COMMEMORATE
- COUNTRY
- DECORATION
- FEDERAL
- FLAG
- FLOWERS
- GARFIELD

- GRAVES
- HOLIDAY
- HONOR
- MEMORIAL
- OBSERVED
- PATRIOT
- REMEMBRANCE
- SACRIFICE

- SERVICE
- SOLDIERS
- SOLEMN
- SPECIAL
- TRADITION
- VETERAN
- WREATH
- THE PERK

Yesterday's Perk Puzzle Solution



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TUESDAY, MAY 28, 2024

# the Perk

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## Today's perk is National Hamburger Day

**G**erman sailors and immigrants introduced the Hamburg steak to the United States during the 18th and 19th centuries and the Perk is sure glad they did!

It is widely believed that the modern hamburger can be traced all the way back to ancient civilizations. The Egyptians prepared ground meat that was formed into patties with spices added. It is reported that before Genghis Khan's soldiers ate their patties of ground meat, they placed them under the saddles of their horses. As they rode the friction between the horse and the saddle tenderized the meat. They then consumed the end product raw. The Perk would

prefer to pass on this version of our beloved burger. We are also happy that cheese became a popular addition to hamburgers during the 1920s.

It shouldn't be surprising that hamburgers account for almost half of all sandwiches sold in the U.S. for a whopping 50 billion burgers a year. McDonald's sells 75 burgers each second (or 270,000 burgers an hour!). The oldest burger chain still in operation in the United States is White Castle. Have you ever visited one and enjoyed their signature small burgers?



Celebrate today with your favorite burger. FYI, the Perk prefers to leave off the onion. 🍷

### perks in history

**1937** German automobile manufacturer Volkswagen (VW) is founded.



**1953** The Walt Disney film "Melody" premieres in the Paramount Theatre in Hollywood. The picture was the first 3-D cartoon.

**1961** Amnesty International, a human rights organization, is founded.

### perk fact

In 1921, the first fast food restaurant was opened which sold hamburgers for just 5 cents!

### perk pun

The astronaut enjoyed his first hamburger after returning to earth, but wished it had been a little meteor.



There are two things to aim at in life: first, to get what you want; and after that, to enjoy it. Only the wisest of mankind achieve the second.

Logan Pearsall Smith

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# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## With All the Fixins'



Y L B Z S G F L M S R B B S N  
 Y E I E R E E A A U E U U E O  
 C Q T O L T C N S S S N R L I  
 M A U A T O D I I T T L G K N  
 L N T U R W V O P J A A E C O  
 D I C S I B Y E L S U N R I Q  
 I E H C U T E S D L R O S P G  
 W V H Q E P R L S O A I Q U M  
 D E Z I R E D N E T N T U U K  
 S A R D I D X J F C T A T A C  
 Y A D D R A T S U M T N E Z H  
 V Z L T H E P E R K A T J M E  
 L O E L D D A S U P S I N C E  
 S B E E F I L A N C I E N T S  
 R O O I P A K C M G N N C S E

- ANCIENT
- BEEF
- BELOVED
- BUN
- BURGERS
- CATSUP
- CELEBRATE
- CHEESE

- FAST
- GROUND
- LETTUCE
- MUSTARD
- NATIONAL
- ONION
- PICKLES
- RESTAURANT

- SADDLE
- SANDWICHES
- SOLDIERS
- SPICES
- STEAK
- TENDERIZED
- VARIETY
- THE PERK

Yesterday's Perk Puzzle Solution

X R U S N W T Y A B R W D G U  
 S P E I U N O D L V E H W F H  
 U U I M E S D R Q A S I O S L  
 C N O V E R P X R E P S R U A  
 O J E M E M L E E Y O T S O R  
 F R J S A Z B A C J N L T I U  
 P L S Z V F R E R T S E V T T  
 P U R S U I N G R U E P E U A  
 I N O I T N E T T A G V L A N  
 T S E L L U F K E A I U Y C V  
 S U R V I V E D A T A R A E R  
 K R E P E H T R I T A F J N B  
 P O T S I I B S C C S A V Y I  
 R X T W Z V O Q S G Q I O T Q  
 Y S F K I P V A G U E O M X B

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WEDNESDAY, MAY 29, 2024

# the Perk

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Today's **perk** is

## National Paper Clip Day

**T**he first National Paper Clip Day was celebrated in 2015, and it is now observed annually. If you have just rolled your eyes at the idea of a little piece of bent metal having its own holiday, please keep reading!

The first U.S. patent for the bent wire paper clip was awarded to the Samuel Fay in 1867. Another version that more closely resembles the one we use today was invented by Johan Vaaler, a Norwegian inventor. During World War II, that paper clip was used as a symbol of the Norwegian resistance to the Nazi German occupation. Meant to show solidarity, paper clips were worn by many people on their coat lapels. The Nazis saw this show of solidarity as a threat,

and paper clips were soon banned. Those who continued to wear them were threatened with severe punishment. Today, an enormous 15 foot paper clip stands Sandvika, Norway as a reminder of this poignant act of defiance.



This Paper Clip Day, take a little time to find out just how many other things these little tools can be used for. Here are a few ideas:

- Emergency key chains – they're really built almost way the same as a normal key chain!
- Emergency zipper pulls – few things are more irritating than being locked inside your jacket!
- DIY fish hooks – because the fish won't care as long as there's a worm! 🪱

### perks in history

**1886** Pharmacist John Pemberton places an ad for his invention, Coca-Cola, in "The Atlanta Journal."

**1942** Bing Crosby, the Ken Darby Singers and the John Scott Trotter Orchestra record



Irving Berlin's "White Christmas," the best-selling Christmas single in history.

### perk fact

In 2014, a seven year old from Northern Ireland achieved the record for longest paper clip string— composed of roughly 66,000 clips and measuring 6500' long.



### perk pun

Folding little pieces of metal to keep sheets together was a good idea on paper.

Happiness makes up in height for what it lacks in length. Robert Frost

Robert Frost

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Clippin' Along



C	M	W	L	W	U	N	L	O	R	D	T	P	M	M
L	H	J	U	Y	Z	I	V	O	F	P	A	M	N	E
K	L	A	Y	O	E	A	N	B	B	T	C	C	O	T
N	Z	A	I	P	L	H	R	S	E	M	I	Y	R	A
T	O	Q	M	N	G	C	G	N	F	T	Y	G	W	L
R	T	I	X	S	N	Y	T	K	E	I	L	S	A	R
A	H	D	T	D	A	E	E	N	V	U	B	I	Y	U
M	X	O	N	N	T	K	G	T	F	P	R	A	H	S
S	O	E	O	G	E	A	Z	E	H	C	L	I	P	L
G	B	N	I	K	M	V	S	E	B	E	M	M	O	I
L	L	U	P	N	Q	U	N	Z	I	P	P	E	R	N
P	L	A	S	T	I	C	X	I	A	A	A	E	L	K
S	E	P	A	H	S	P	Y	P	P	W	H	J	R	G
M	T	G	B	C	F	G	E	A	K	A	R	L	E	K
Q	K	S	H	V	L	R	W	K	E	O	S	U	P	A

- BEND
- CHAIN
- CLIP
- HOOK
- INVENTION
- KEY-CHAIN
- LINK
- MAGNETIC

- METAL
- NORWAY
- OVAL
- PAPER
- PATENT
- PLASTIC
- PULL
- SHAPES

- SHARP
- SMALL
- SMART
- SYMBOL
- TANGLE
- USEFUL
- ZIPPER
- THE PERK

Yesterday's Perk Puzzle Solution

Y	L	B	Z	S	G	F	L	M	S	R	B	B	S	N
Y	E	I	E	R	E	E	A	A	U	E	U	U	E	O
C	Q	T	O	L	T	C	N	S	S	S	N	R	L	I
M	A	U	A	T	O	D	I	I	T	L	G	K	N	
L	N	T	U	R	W	V	O	P	J	A	A	E	C	O
D	I	C	S	I	B	Y	E	L	S	U	N	R	I	Q
I	E	H	C	U	T	E	S	D	L	R	O	S	P	G
W	V	H	Q	E	P	R	L	S	O	A	I	Q	U	M
D	E	Z	I	R	E	D	N	E	T	N	T	U	U	K
S	A	R	D	I	D	X	J	F	C	T	A	T	A	C
Y	A	D	D	R	A	T	S	U	M	T	N	E	Z	H
V	Z	L	T	H	E	P	E	R	K	A	T	J	M	E
L	O	E	L	D	D	A	S	U	P	S	I	N	C	E
S	B	E	E	F	I	L	A	N	C	I	E	N	T	S
R	O	O	I	P	A	K	C	M	G	N	N	C	S	E

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THURSDAY, MAY 30, 2024

# the Perk

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## Today's perk is National Water a Flower Day

If it weren't for flowering plants like coffee, cocoa, vanilla, lavender and chamomile, the world would be barren! The Perk doesn't want to imagine our world without beautiful flowers which happen to be an essential food source for pollinators like bees, butterflies, and hummingbirds, and are the reproductive part of a plant that creates the seeds.

Due to unique requirements, there are numerous factors to take into consideration when caring for flowering plants. Do they like sunshine or shade, damp or dry soil?

Did you know...?

- The most expensive flower is the Juliet rose at up to \$15,800 per stem.



- Flowers emit a faint humming noise that is inaudible to humans.
- Edible flowers like nasturtiums, violas, and day-lilies are a colorful and tasty addition to our salads.

• Flowers can "hear" buzzing bees.

• Flower symbolism dates back to ancient Greece when roses were associated with Aphrodite, the Goddess of Love.

- In the Victorian era, flowers became a form of nonverbal communication. A red rose says "I love you." A white rose signifies purity and innocence.
- The world's fastest-growing flower is the bamboo orchid, which can grow up to 12 inches in a single day. 🌱

### perks in history

**1783** The first daily newspaper "The Pennsylvania Evening Post" is published by Benjamin Towner.

**1883** In New York City, a rumor that the Brooklyn Bridge is going to collapse causes a stampede that crushes twelve people.



### perk fact

The best time to water flowering plants is between 6-10am because cooler temperatures reduce evaporation and enable the water to remain viable.

### perk pun

The deal I got on a TV with a broken volume control was so good I just couldn't turn it down.

To be happy, you must fancy that everything you have is a gift, and you the chosen, though you worked your tail off for every bit of it.

Robert Brault

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## See How They Grow



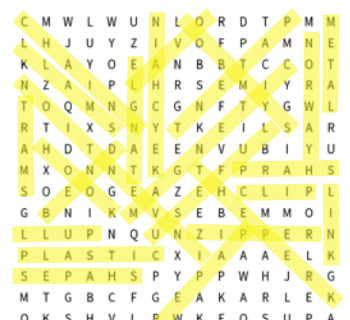
G	T	U	C	B	E	L	D	Z	S	E	Q	Y	L	H
V	N	Y	F	C	N	L	P	A	T	D	L	S	A	U
B	E	H	V	T	H	P	B	A	L	F	D	L	I	M
Z	C	B	U	Z	Z	A	R	I	R	A	V	O	T	M
A	O	H	S	V	C	O	M	E	D	F	S	R	N	I
E	N	Y	J	O	P	T	T	O	T	E	E	J	E	N
E	N	R	F	A	H	T	K	D	M	D	P	D	S	G
B	I	F	V	J	U	Z	O	E	N	I	O	T	S	B
C	E	E	W	B	E	T	A	E	R	C	L	H	E	I
E	F	L	O	W	E	R	V	S	C	E	L	E	S	R
S	O	U	R	C	E	A	Z	W	O	U	I	P	Y	D
E	O	E	S	J	L	W	W	U	C	Q	N	E	M	F
E	C	U	D	O	R	P	E	R	O	I	A	R	B	F
E	L	B	I	D	U	A	N	I	A	N	T	K	O	F
N	O	N	V	E	R	B	A	L	H	U	E	A	L	S

- BEE
- BUTTERFLY
- BUZZ
- CHAMOMILE
- COCOA
- COFFEE
- CREATE
- EDIBLE

- ESSENTIAL
- EVAPORATE
- FLOWER
- HUMMINGBIRD
- INAUDIBLE
- INNOCENT
- LAVENDER
- NONVERBAL

- POLLINATE
- REPRODUCE
- SALAD
- SEED
- SOURCE
- SYMBOL
- UNIQUE
- THE PERK

Yesterday's Perk Puzzle Solution





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FRIDAY, MAY 31, 2024

# the Perk DAILY

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## Today's perk is National Macaroon Day

**T**here always seems to be some confusion about the difference between macarOOns and macarOns. So let's use this day to get our sweets straight once and for all. Today celebrates the macaroon, pronounced "mack-ah-RUNE." A macaroon is a coconut-based cookie that is dense and somewhat chewy. There are many origin stories of the macaroon, but the most popular is that it was actually an American twist on the original French macarOn (more on those later.) Cooking with coconut became trendy in the 1800s and was used to invent the new recipe. Today these sweet lumps still use coconut to create the signature taste and texture, but some versions are dipped in chocolate. Even better! The Perk enjoys a good macaroon.



Then we have the macarOn, pronounced "mack-ah-ROHN." This is a French word that comes from an Italian word *maccarone*—which means *paste*—because the primary ingredient in early macaron recipes was almond paste. Macarons are small, unleavened cakes (not cookies) with a crispy, eggshell-like outer layer and a moist, chewy center of ganache (a type of icing) or cream. Although they are the same size as cookies, macarons do not contain any flour and therefore do not fall into that category. So now that you know your macaroons from macarons, you're probably ready to celebrate today with a few delicious macaroons. Macaron Day is officially on March 20 every year, but we won't say anything if you want to sample a few of those as well. ☺

## perks in history

**1859** The clock tower at the Houses of Parliament, which houses Big Ben, starts keeping time.



**1927** The last Ford Model T rolls off the assembly line after a production run of 15,007,003 vehicles.

**1929** The first talking Mickey Mouse cartoon, "The Carnival Kid," is released.

**2005** "Vanity Fair" magazine reveals that Mark Felt was Deep Throat.

## perk fact

There are approximately 250 calories in a macaron, and about 90 in a coconut macaroon.



## perk pun

If you are among the cream of dairy inspectors, nothing cheesy gets pasteurize.

It's the moments that I stopped just to be, rather than do, that have given me true happiness.

Richard Branson

# Perk Puzzle

Find and circle all of the words that are hidden in the grid. The words may be hidden in any direction.

## Hey, Macaroon-a!



N	G	C	K	G	T	U	C	W	G	J	C	W	R	A
C	A	H	T	E	X	T	U	R	E	R	L	W	M	T
W	H	I	S	E	S	N	E	D	U	U	A	E	A	U
Y	F	O	D	I	X	K	U	V	M	M	R	T	E	N
D	W	L	C	N	L	D	I	P	A	I	B	K	E	O
N	D	E	C	O	I	G	Y	H	C	B	A	L	T	C
U	V	M	H	B	L	A	N	A	A	B	I	I	Y	O
M	L	A	H	C	Y	A	N	E	R	F	R	W	D	C
Z	B	C	N	M	Z	Y	T	T	O	N	P	E	T	S
E	D	A	M	E	M	O	H	E	O	H	T	E	R	U
J	O	R	H	C	N	E	R	F	N	S	P	S	O	G
V	U	O	C	O	P	I	C	E	A	I	V	G	P	A
F	M	N	A	E	K	N	U	O	C	X	Q	G	M	R
E	V	U	R	D	N	R	T	E	C	X	O	E	I	U
A	Q	K	F	P	X	F	R	E	E	Z	E	N	Z	C

- AMERICAN
- BAKE
- CHEWY
- CHOCOLATE
- COCONUT
- CRUMBLY
- DENSE
- DIP

- EGGS
- ENGLISH
- FREEZE
- FRENCH
- GRATE
- HOMEMADE
- IMPORT
- INDIAN

- LUMPY
- MACARON
- MACAROON
- RECIPE
- SUGAR
- TEXTURE
- TOASTED
- THE PERK

Yesterday's Perk Puzzle Solution

G	T	U	C	B	E	L	D	Z	S	E	Q	Y	L	H
V	N	Y	F	C	N	L	P	A	T	D	L	S	A	U
B	E	H	V	T	H	P	B	A	L	F	D	L	I	M
Z	C	B	U	Z	Z	A	R	I	R	A	V	O	T	M
A	O	H	S	V	C	O	M	E	D	F	S	R	N	I
E	N	Y	J	O	P	T	T	O	T	E	E	J	E	N
E	N	R	F	A	H	T	K	D	M	D	P	D	S	G
B	I	F	V	J	U	Z	O	E	N	I	O	T	S	B
C	E	W	B	E	T	A	E	R	C	L	H	E	I	
E	F	L	O	W	E	R	V	S	C	E	L	E	S	R
S	O	U	R	C	E	A	Z	W	O	U	I	P	Y	D
E	O	E	S	J	L	W	W	U	C	Q	N	E	M	F
E	C	U	D	O	R	P	E	R	O	I	A	R	B	F
E	L	B	I	D	U	A	N	I	A	N	T	K	O	F
N	O	N	V	E	R	B	A	L	H	U	E	A	L	S